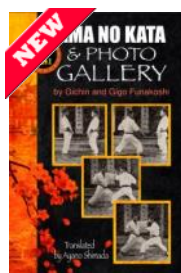


Books New articles



Book UCHI WAZA - Ataques indirectos, tomo 3. Juan Antonio Quirós Martínez, spanish
UCHI WAZA - ATAQUES INDIRECTOS, tomo 3, Juan Antonio Quirós Martínez, Size: 17 x 24 cm. 334 pages - Spanish. Todos los ataques indirectos; más de 130. Se explican pormenorizadamente y se muestran aplicadas a... [\(+ info\)](#)

21,50 €¹ 20,67 €²
Ref.: 002292000



Book AMA NO KATA & FOTO GALLERY by masters Gichin and Gigo FUNAKOSHI, english

Book AMA NO KATA & FOTO GALLERY by masters Gichin and Gigo FUNAKOSHI, 16 x 24 cm, 160 pages, english. Hardcover. Includes free DVD as gift Gichin Funakoshi 1924 Vintage Footage. Ama No Kata & Photo... [\(+ info\)](#)

149,95 €¹ 144,18 €²
Ref.: 002289000



Book KARATE Techniques de COMBAT. Hirokazu KANAZAWA, french

Book KARATE Techniques de COMBAT, by Hirokazu KANAZAWA, 20 x 26,7 cm, 192 pages, FRENCH. Études des différents Kumite: de l'entraînement à la compétition. Écrit par un des maîtres des plus renommés,... [\(+ info\)](#)

34,90 €¹ 33,56 €²
Ref.: 002282000



Book NAKA TATSUYA Zentrale Konzepte des Budō-Karate. german

Book Zentrale Konzepte des Budō-Karate, NAKA TATSUYA, übersetzt aus dem Japanischen ins Deutsche von Dr. Sven Matthiessen, 14,8 x 21 cm, 298 pages,... [\(+ info\)](#)

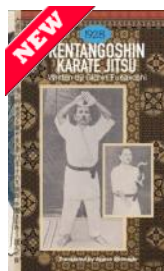
33,90 €¹ 32,60 €²
Ref.: 002271000



Book Kat Karateka 2 y el gran combate. J.C. Bonache, Inés Masip, Sandra Sánchez, Spanish

Book Kat Karateka y el gran combate (Kat Karateka 2), by Juan Carlos Bonache, Inés Masip y Sandra Sánchez (Karate World Champion WKF), 128 pages, 14 x 20 cm, Spanish. ¡Diviértete y aprende con las aventuras de Kat,... [\(+ info\)](#)

10,95 €¹ 10,53 €²
Ref.: 002269000



Book RENTANGOSHIN KARATE JITSU (1928) by master Gichin FUNAKOSHI, hardcover, english

Book RENTANGOSHIN KARATE JITSU (1928) by master Gichin FUNAKOSHI, 16 x 24 cm, 200 pages, english. Hardcover. Professionally and unbiasedly translated by Ayano Shimada. Laminated hardcover.... [\(+ info\)](#)

149,95 €¹ 144,18 €²
Ref.: 002293000



Book KARATE Descubriendo el Camino. Cristina Ortiz, Spanish

Book KARATE Descubriendo el Camino, Cristina Ortiz, Spanish. 15 x 21 cm, 93 pages. El karate es un camino apasionante que desde tiempos inmemoriales ha despertado el interés de aquellos curiosos que pretenden... [\(+ info\)](#)

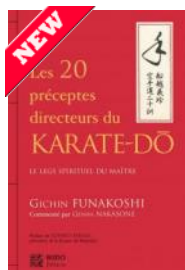
15,45 €¹ 14,86 €²
Ref.: 002291000



Book KARATE Intensif - Tremplin vers la ceinture noire. Hirokazu KANAZAWA, french

Book KARATE Intensif - Tremplin vers la ceinture noire, by Hirokazu KANAZAWA, 20 x 26,7 cm, 232 pages, FRENCH. Avec ce livre, Hirokazu Kanazawa, reconnu comme "le... [\(+ info\)](#)

34,90 €¹ 33,56 €²
Ref.: 002283000



Book Les 20 préceptes directeurs du KARATE-DO. GICHIN FUNAKOSHI, french

Book Les vingt préceptes directeurs du karaté-do: Le legs spirituel du maître, Gichin FUNAKOSHI, 14 x 21 cm, 127 pages, french.

13,50 €¹ 12,98 €²
Ref.: 002281000



Book Kat Karateka 1 y el Kata Club. J.C. Bonache, Inés Masip, Sandra Sánchez, Spanish

Book Kat Karateka y el Kata Club (Kat Karateka 1), by Juan Carlos Bonache, Inés Masip y Sandra Sánchez (Karate World Champion WKF), 128 pages, 14 x 20 cm, Spanish. ¡Diviértete y aprende con las aventuras de Kat,... [\(+ info\)](#)

10,95 €¹ 10,53 €²
Ref.: 002268000



Book Kat Karateka 3 y el jade encantado. J.C. Bonache, Inés Masip, Sandra Sánchez, Spanish

Book Kat Karateka y el jade encantado (Kat Karateka 3), by Juan Carlos Bonache, Inés Masip y Sandra Sánchez (Karate World Champion WKF), 128 pages, 14 x 20 cm, Spanish. ¡Diviértete y aprende con las aventuras de Kat,... [\(+ info\)](#)

10,95 €¹ 10,53 €²
Ref.: 002270000

New articles (Cont.)



Book Karatedo Kyohan, Lehrmuster des Weges der leeren Hand, Funakoshi Gichin, german

Book Karatedo Kyohan, Lehrmuster des Weges der leeren Hand, Funakoshi Gichin, 382 pages, german. Herausgegeben, eingeleitet und annotiert von Heiko Bittmann und Peter Kuhn, über 300 Abbildungen.... [\(+ info\)](#)



28,95 €¹ 27,84 €²
Ref.: 002252000

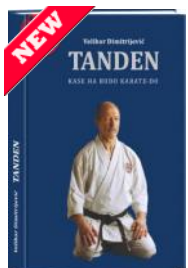


Book KARATE-DO Y VIDA SALUDABLE, Simón Pedro Fuentes Navarro, spanish

Book KARATE-DO Y VIDA SALUDABLE por Simón Pedro Fuentes Navarro, 6th Dan., Entrenador y Juez nacional. 184 pages - Spanish. La Organización Mundial de la Salud (OMS) define la salud como "un estado de... [\(+ info\)](#)



20,95 €¹ 20,14 €²
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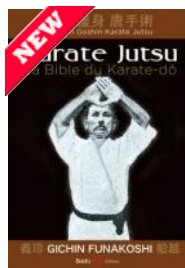


Book TANDEN KASE HA BUDO KARATE-DO, Velibor Dimitrijevic, English

Book TANDEN KASE HA BUDO KARATE-DO, Velibor Dimitrijevic, English. 25 x 17,5cm. The secrets of the Taiji Kase sensei's authentic teaching revealed for the first time. In the philosophy of Japanese martial arts based on... [\(+ info\)](#)



69,95 €¹ 67,26 €²
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Book KARATE JUTSU, Gichin FUNAKOSHI, french

Book KARATE JUTSU - La bible du Karate-do, Gichin FUNAKOSHI, Gichin FUNAKOSHI, 19 x 26 cm, 208 pages, french. Rentan Goshin Karate Jutsu.



39,90 €¹ 38,37 €²
Ref.: 000768000



Book Kuatsu und Akupressur, Fritz Oblinger und Gerhard Kerscher, german

Book Kuatsu und Akupressur, Fritz Oblinger und Gerhard Kerscher, german. 14,8 x 21 cm. 240 pages. Kuatsu und Akupressur in den Kampfkünsten. Erste Hilfe für Budo, Sport und... [\(+ info\)](#)



34,50 €¹ 33,17 €²
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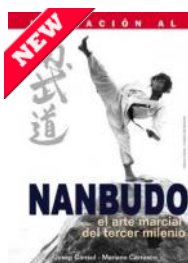


Book El Karatejutsu Boxeo de Okinawa - Sobre el trabajo en pareja, Choki MOTOBU, spanish

Book El Karatejutsu Boxeo de Okinawa - SOBRE EL TRABAJO EN PAREJA by Choki MOTOBU, 14 x 21 cm, 138 pages. SPANISH edition. Traducida y profusamente comentada por Jean-Charles Juster. Motobu Chôki,... [\(+ info\)](#)



16,90 €¹ 16,25 €²
Ref.: 002215000



Book Iniciación al NANBUDO (el arte marcial del tercer milenio), Spanish

Book Iniciación al NANBUDO (el arte marcial del tercer milenio), Cónsul Peñalvert, Josep; Carrasco Millán, Mariano, 192 pages, 17 x 24 cm, Spanish. Creado por Yoshinao Nanbu a partir de su extensa... [\(+ info\)](#)



12,50 €¹ 12,02 €²
Ref.: 002211000



Book GICHINS FAUST Aus den Gründerjahren des Shôtôkan Karate, Konno Bin, german

Book GICHINS FAUST - Aus den Gründerjahren des Shôtôkan Karate, Konno Bin, Dr. Wolfgang Herbert, 14,8 x 21 cm, 298 pages, german. Eine Erzählung des japanischen Erfolgsautors Konno... [\(+ info\)](#)



23,90 €¹ 22,98 €²
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Book CHRIS DENWOOD - Naihanchi (Tekki) Kata: The Seed of Shuri Karate vol.2, English Vol.2

Book CHRIS DENWOOD - Naihanchi (Tekki) Kata: The Seed of Shuri Karate, Vol. 2 - Combative application, English, 312 pages. The heart of traditional karate is found within the kata – this being the very root from... [\(+ info\)](#)



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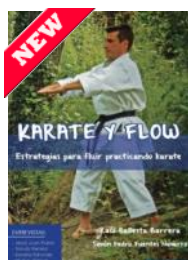


Book Complete Works of Shito-Ryu Karate Kata, Japan Karatedo Fed., english and japanese Vol. 4 (BOK-304)

Series Complete Works of Shito-Ryu Karate Kata, Japan Karatedo Federation Shito-Kai, english and japanese. Vol.4. Size: 18 x 26 cm, 260 pages: Wansyu, Matsumura... [\(+ info\)](#)



44,90 €¹ 43,17 €²
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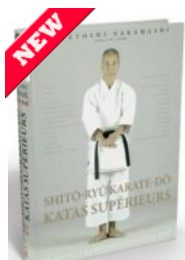


Book KARATE Y FLOW, Raúl Ballesta Barrera / Simón Pedro Fuentes Navarro, spanish

Book KARATE Y FLOW - Estrategias para fluir practicando Karate, Raúl Ballesta Barrera y Simón Pedro Fuentes Navarro. Size: 16 x 23 cm. 98 pages - Spanish. El estado de Flow o flujo ocurre cuando estamos tan... [\(+ info\)](#)



16,50 €¹ 15,87 €²
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Book SHITO-RYU KARATE-DO ADVANCED KATA, Hidetoshi NAKAHASHI, English and French

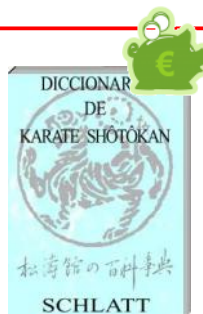
Book SHITO-RYU KARATE-DO ADVANCED KATA, Hidetoshi NAKAHASHI, 21 x 30 cm, 400 pages, English and French. Le Shitô-ryû est une école de karaté traditionnel et en tant que telle, elle donne une place... [\(+ info\)](#)



48,90 €¹ 47,02 €²
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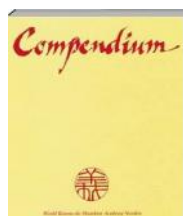
Book Diccionario de Karate Shotokan by SCHLATT, spanish

Book DICCIONARIO DE KARATE SHŌTŌKAN, by SCHLATT, 14,5 x 21,5 cm, 240 pages, spanish (ISBN: 84-607-9752-X)

17,90 €¹ 17,21 €²
Ref.: 000771000



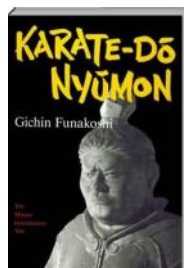
Books Shotokan english



Book COMPENDIUM WKSA, M. Opeloski, english, includes HEIAN OYO

Book "COMPENDIUM WKSA" by Mirce OPELOSKI, senior student of Sensei Kase, 21 x 27,5 cm, 94 pages, english. For the first time "HEIAN OYO", created by Sensei Kase. Kihon, Heian 1 - 5, Kiai, Kime, Kumite,... (+ info)

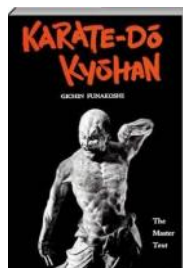
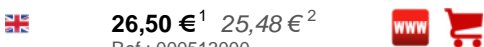
29,95 €¹ 28,80 €²
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Book KARATE-DO NYUMON by MASTER G. FUNAKOSHI, english

Book KARATE-DO NYUMON" by master Gichin FUNAKOSHI, 18,5 x 26 cm, 119 pages, english. Published in 1943. Power, origins, Karate in the ryukyu, Chinese hands/Empty hands, masters Azato and Itosu,... (+ info)

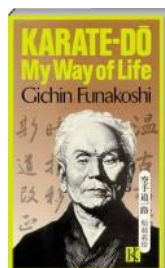
26,50 €¹ 25,48 €²
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Book KARATE-DO KYOHAN, HB. by MASTER G. FUNAKOSHI, english

Book KARATE-DO KYOHAN by master Gichin FUNAKOSHI, 19 x 26 cm, 250, pages. Second edition. Karate-Do. The way from techniques. The development of Karate. Kata. Public introduction. The value of Karate.... (+ info)

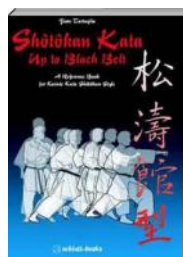
49,50 €¹ 47,60 €²
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Book MY WAY OF LIFE by MASTER G. FUNAKOSHI, english

Book KARATE-DO MY WAY OF LIFE by master Gichin FUNAKOSHI, 11 x 18 cm, 127 pages, english. The life of the father of modern Karate-Do. "His childhood and young manhood in Okinawa, his struggle to refine and... (+ info)

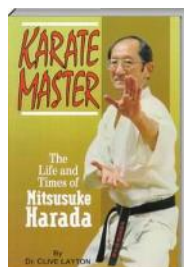
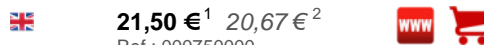
15,75 €¹ 15,14 €²
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Book Shotokan Kata up to black belt, Fiore Tartaglia, english

Book SHOTOKAN KATA up to black belt, author: Fiore Tartaglia, 17 x 24 cm, 108 pages, english. Learning kata made easy ! The unusual and fortunate combination of skills as a... (+ info)

21,50 €¹ 20,67 €²
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Book KARATE MASTER Mitsusuke HARADA, by Dr. Clive Layton, SOFTBACK, English

Book KARATE MASTER: LIFE & TIMES OF Mitsusuke HARADA, by Dr. Clive Layton, 15 x 23 cm, softback. 207 pages, english. "The Legacy of Shotokan Karate". One of the last disciples of the legendary Masters, Gichin... (+ info)

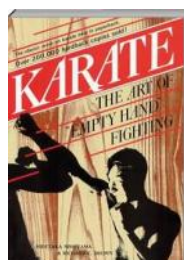
29,50 €¹ 28,37 €²
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Book TO-TE JITSU G.FUNAKOSHI, paperback, english

Book TO-TE JITSU by master Gichin FUNAKOSHI, 16 x 24 cm, 320 pages, english. Classical work written in 1922. 175 photos of Master Funakoshi. History and styles of Karate. Basic Techniques. Value of Training.... (+ info)

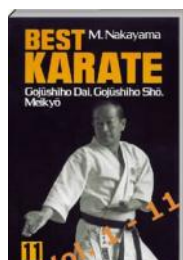
32,95 €¹ 31,68 €²
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Book THE ART OF EMPTY HAND, H. NISHIYAMA & R. BROWN, english

Book KARATE THE ART OF EMPTY HAND FIGHTING by master Hidetaka NISHIYAMA / Richard C. Brown, 18 x 26 cm, 251 pages, english. What is Karate. History. Training methods. Striking points. Vital points. Stances.... (+ info)

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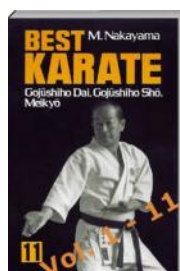
Book BEST KARATE M.NAKAYAMA, english Vol.01

Book series "BEST KARATE", by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, english. Vol.1: Comprehensive. Vol.2: Fundamentals. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian and Tekki. Vol.6:... (+ info)

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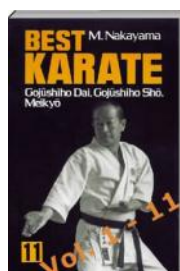
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Book BEST KARATE M.NAKAYAMA, english Vol.02

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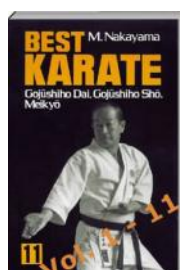
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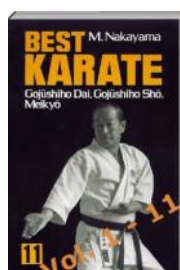
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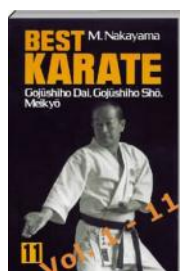
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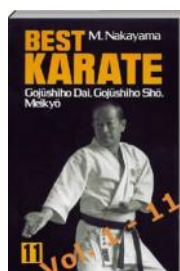
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Book BEST KARATE M.NAKAYAMA, english Vol.06

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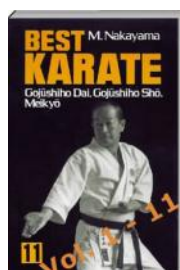
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Book BEST KARATE M.NAKAYAMA, english Vol.07

Book series "BEST KARATE", by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, english. Vol.1: Comprehensive. Vol.2: Fundamentals. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian and Tekki. Vol.6:... [\(+ info\)](#)

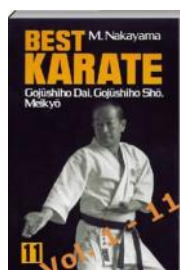
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Book BEST KARATE M.NAKAYAMA, english Vol.08

Book series "BEST KARATE", by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, english. Vol.1: Comprehensive. Vol.2: Fundamentals. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian and Tekki. Vol.6:... [\(+ info\)](#)

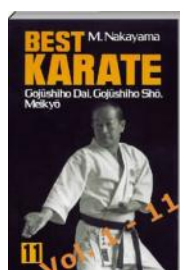
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Book BEST KARATE M.NAKAYAMA, english Vol.09

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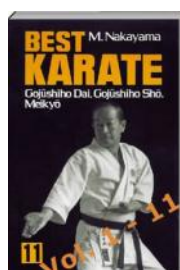
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Book BEST KARATE M.NAKAYAMA, english Vol.10

Book series "BEST KARATE", by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, english. Vol.1: Comprehensive. Vol.2: Fundamentals. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian and Tekki. Vol.6:... [\(+ info\)](#)

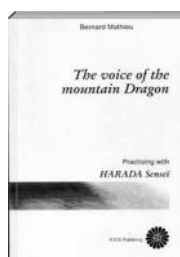
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Book BEST KARATE M.NAKAYAMA, english Vol.11

Book series "BEST KARATE", by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, english. Vol.1: Comprehensive. Vol.2: Fundamentals. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian and Tekki. Vol.6:... [\(+ info\)](#)

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Book VOICE OF THE MOUNTAIN DRAGON - Practising with HARADA Sensei, Bernard Mathieu, english

Book THE VOICE OF THE MOUNTAIN DRAGON - Practising with HARADA Sensei by Bernard Mathieu, 15 x 23 cm, 169 pages, english.

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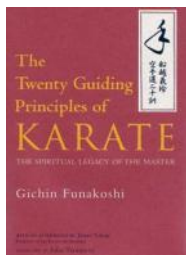


Book MASAO KAWASOE, 8th DAN Recollections of a Karate Master, by Dr. Clive Layton, English

Book MASAO KAWASOE, 8th DAN Recollections of a Shotokan Karate Master - The early years (1945 - 1975), by Dr. Clive Layton, 15 x 23 cm, 157 pages, english. With Forewords by Hidetaka Nishiyama, Katsunori Tsuyama &... [\(+ info\)](#)



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Shotokan english (Cont.)



Book FUNAKOSHI Twenty Guiding Principles of Karate, English



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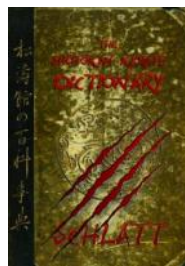
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Book MASTER MASAO KAWASOE 8th DAN, The Foundations of Shotokan, Dr. Clive Layton, English



Book MASTER MASAO KAWASOE, The Foundations of Shotokan Karate Technique, by Dr. Clive Layton, 15 x 23 cm, 96 pages, english. An explorative rendering based on an extended interview. Note: This is not a training... [\(+ info\)](#)

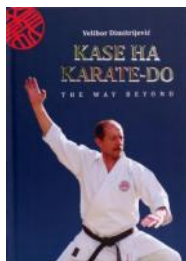
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Book THE SHÔTÔKAN KARATE DICTIONARY by SCHLATT, english



Book THE SHÔTÔKAN-KARATE DICTIONARY, by SCHLATT, 18 x 25,7 cm, new 4th edition, 296 pages, english. The Shotokan Karate Dictionary. Compendium in which to look up the Japanese terminology used in the... [\(+ info\)](#)

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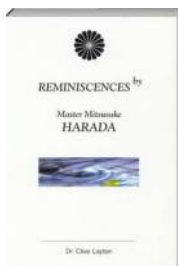
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Book Tanpenshu Funakoshi Gichin, McCarthy, english



Book Funakoshi Gichin Tanpenshu, 14 x 20,5 cm, 143 pages, english. Compilation & English translation of short stories by Funakoshi Gichin, "Patrick McCarthy has done it again...." [\(+ info\)](#)

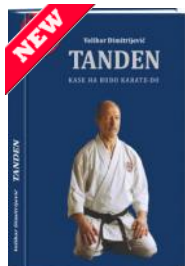
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Book REMINISCENCES BY MASTER MITSUSUKE HARADA, by Dr. Clive Layton, English ISBN 0 9532832 0 8



Book REMINISCENCES by Master Mitsusuke HARADA, by Dr. Clive Layton, 15 x 23 cm, 157 pages, english.

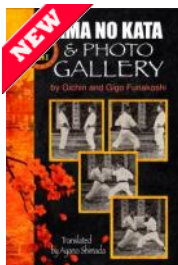
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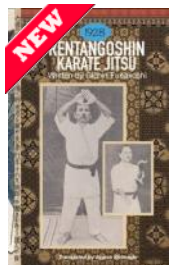
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Book AMA NO KATA & FOTO GALLERY by masters Gichin and Gigo FUNAKOSHI, english



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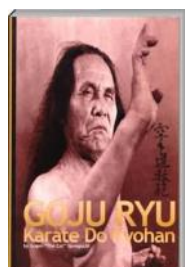
Book RENTANGOSHIN KARATE JITSU (1928) by master Gichin FUNAKOSHI, hardcover, english

Book RENTANGOSHIN KARATE JITSU (1928) by master Gichin FUNAKOSHI, 16 x 24 cm, 200 pages, english. Hardcover. Professionally and unbiasedly translated by Ayano Shimada. Laminated hardcover.... [\(+ info\)](#)

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Books

Goju Ryu / Goju Kai english



Book GOJU RYU KYOHAN, Gogen

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£ 74,90 €¹ 72,02 €²
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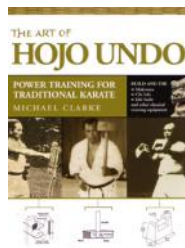
Goju Ryu / Goju Kai english (Cont.)



Book GOJU RYU KARATE - A VISUAL GUIDE TO KUMITE. Goshi Yamaguchi. english BOK-202

Book GOJU RYU KARATE - A VISUAL GUIDE TO KUMITE, Goshi YAMAGUCHI, 14,5 x 21 cm, 175 pages, english. Background of Kumite. Basic Practice of Kumite. Yakusoku Kumite. Jiyu Kumite. Traditional Kumite... [\(+ info\)](#)

24,90 €¹ 23,94 €²
Ref.: 000582000



Book THE ART OF HOJO UNDO. Michael CLARKE. english

Book THE ART OF HOJO UNDO, Power Training for Traditional Karate by Michael CLARKE (7th Dan), English, 222 pages, 360 illustrations. Hojo Undo means 'supplemental training', and using these tools is the key... [\(+ info\)](#)

31,90 €¹ 30,67 €²
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Book GOJU-RYU KATA SERIES vol.2. Japan Karatedo Gojukai Association. english and japanese BOK-204

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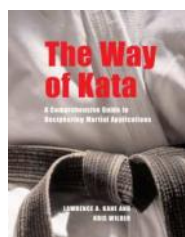
44,90 €¹ 43,17 €²
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Book Gogen Yamaguchi (The Cat): Emperor of the Scarlet Fist. paperback. english Paperback Edition

Book Gogen Yamaguchi the Emperor of the Scarlet Fist, english, 284 pages, 15 x 23 cm, Paperback Edition, written by Don Warrenner. Filled with biographies of his top students and as well unwritten biographies of his... [\(+ info\)](#)

29,95 €¹ 28,80 €²
Ref.: 001757000



Book THE WAY OF KATA. Lawrence KANE + Chris WILDER. english

Book THE WAY OF KATA - A Comprehensive Guide To Deciphering Martial Applications by Lawrence A. Kane and Kris Wilder, English, 310 pages, The Principles for Understanding Kata are Largely Unknown – Until Now.... [\(+ info\)](#)

34,75 €¹ 33,41 €²
Ref.: 001900000



Book CHRIS DENWOOD - Respecting the Old, Creating the New. English

Book CHRIS DENWOOD - Respecting the Old, Creating the New, English, 180 pages. A collection of lessons, thoughts & beliefs on the analysis of traditional karate for self-protection and personal growth'. This book is an... [\(+ info\)](#)

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Book JKF official KATA book GOJU KAI. Japan Karatedo fed.. english and japanese New edition 2015

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62,45 €¹ 60,05 €²
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Shotokan others and multi-language



Book ALL JAPAN KARATEDO SHOTOKAN TOKUI KATA 1. Japan Karatedo federation. english-japanese BOK-112

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Shotokan others and multi-language (Cont.)



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Book ALL JAPAN KARATEDO SHOTOKAN TOKUI KATA 3. Japan Karatedo federation, english-japanese BOK-114


Book KATA GUIDE BOOK FOR ALL JAPAN KARATEDO SHOTOKAN - TOKUI KATA, vol. 3. Japan Karatedo Federation, Size: 18 x 26 cm. 120 pages -... [\(+ info\)](#)

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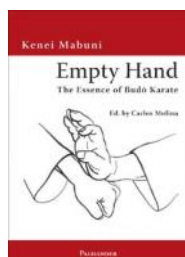


Book + 2x DVD LEGEND OF TAIJI KASE, Yumiko KASE, french, english and italian

Book + 2x DVD LEGEND OF TAIJI KASE, Yumiko KASE, french, english and italian, 32 x 22 cm, 143 pages. A priceless gift book for karatekas. Written by Yumiko,... [\(+ info\)](#)



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Books Shito Ryu english



Book EMPTY HAND The Essence of Budô Karate by MABUNI, Ken-Ei, english


Book EMPTY HAND The Essence of Budô Karate by master Kenei MABUNI, 10th Dan, son of Mabuni Kenwa (founder of the style), english, Ed. by Carlos Molina, Translated from Japanese by B. Winter, 14,5 x 21 cm,... [\(+ info\)](#)

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Book Complete Works of Shito-Ryu Karate Kata, Japan Karatedo Fed., english and japanese Vol. 4 (BOK-304)


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Book Complete Works of Shito-Ryu Karate Kata, Japan Karatedo Fed., english and japanese Vol.1


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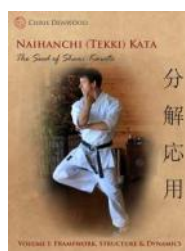


Book Complete Works of Shito-Ryu Karate Kata, Japan Karatedo Fed., english and japanese Vol. 3 (BOK-303)

Series Complete Works of Shito-Ryu Karate Kata, Japan Karatedo Fed., english and japanese. Vol.3. Size: 18 x 26 cm: Jitte, Jion, Jiin, Matsukaze, Seisan, Shisochin,... [\(+ info\)](#)

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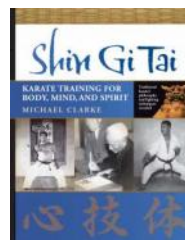
Books Other books



Book CHRIS DENWOOD - Naihanchi (Tekki) Kata: The Seed of Shuri Karate, English Vol.1



Book CHRIS DENWOOD - Naihanchi (Tekki) Kata: The Seed of Shuri Karate, Vol. 1, English, 140 pages. Tekki (Naihanchi) Kata is one of the original training forms and many slightly different versions are practiced today in... [\(+ info\)](#)

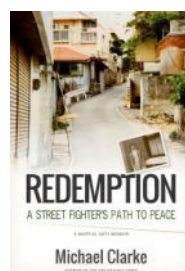
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Book SHIN GI TAI - Karate Training for Body, Mind and Spirit, Michael CLARKE, english



Book SHIN GI TAI - Karate Training for Body, Mind and Spirit, by Michael CLARKE (7th Dan), English, 300 pages, 339 illustrations. Prepare to have your beliefs challenged about what... [\(+ info\)](#)

🇬🇧 **29,50 €¹ 28,37 €²**
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Book REDEMPTION - A street fighter's path to peace, Michael Clarke, english

Book REDEMPTION - A street fighter's path to peace, inglés, Michael Clarke, English, 256 pages. Michael Clarke was an angry, vicious kid, a street fighter. He grew up in the late sixties and early seventies in Manchester,... [\(+ info\)](#)



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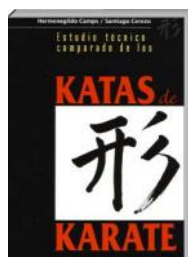
€ 34,95 €¹ 33,61 €²
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Book **Mi Dojo la Tierra, Francisco Estevez, spanish**

Book **MI DOJO LA TIERRA, Francisco Estévez, Spanish, Size: 14 x 21 cm, 204 pages - Spanish.** Narra los acontecimientos que llevan a un instructor de Karate-Do a cerrar su dojo, algo que le sumirá en una... [\(+ info\)](#)

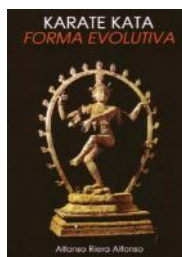
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Book **Estudio técnico comparado de los Katas, H.Camps / S.Cerezo, spanish**



Book **Estudio técnico comparado de los Katas, H.Camps / S.Cerezo, 21 x 30 cm, 684 pages, more than 6200 photos, spanish. Incluye 132 katas!!!** Los autores, expertos Maestros de Karate, exponen en esta obra 132... [\(+ info\)](#)

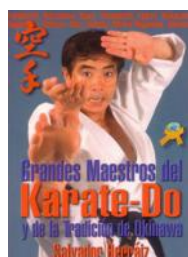
€ 43,50 €¹ 41,83 €²
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Book **KARATE KATA - FORMA EVOLUTIVA, Alfonso Riera Alfonso, spanish**



Book **KARATE KATA - FORMA EVOLUTIVA, Alfonso Riera Alfonso, Spanish. Size: 19 x 27 cm, 283 pages.** Basado en la experiencia de casi cuarenta años de práctica de varios Artes Marciales Tradicionales, en esta... [\(+ info\)](#)

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Book **KARATE - Grandes Maestros del Karate-Do y de la Tradición, Salvador Herraiz, spanish**



Book **KARATE - GRANDES MAESTROS DEL KARATE-DO Y DE LA TRADICIÓN DE OKINAWA** by Salvador Herráiz Embid, 17 x 24 cm, 255 pages, illustrated with photos, spanish. Libro excepcional y muy... [\(+ info\)](#)

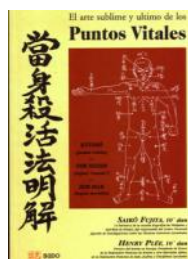
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Book **KUMITE KATA - FORMAS DE COMBATE EVOLUTIVAS, Alfonso Riera Alfonso, spanish**



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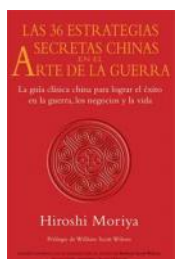
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Book **EL ARTE SUBLIME Y ÚLTIMO DE LOS PUNTOS VITALES, spanish**



Book **EL ARTE SUBLIME Y ÚLTIMO DE LOS PUNTOS VITALES** by Saykô FUJITA (10º Dan) y Henry PLÉE (10º Dan), 30,7 x 22,3 cm, 366 pages, spanish. S. Fujita, Jefe responsable del centro nacional Japonés de... [\(+ info\)](#)

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Book **Las 36 Estrategias Secretas Chinas, H. Moriya, spanish**



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Book **Anatomía de las ARTES MARCIALES - Guía ilustrada, spanish**



Book **Anatomía de las ARTES MARCIALES - Guía ilustrada de los músculos empleados en patadas, golpes y proyecciones claves.** Spanish, 19,5 x 26,5 cm, 144 pages. Edición rústica con solapas, por Norman Link y... [\(+ info\)](#)

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Book **Entre CIELO y TIERRA - Lugares históricos del KARATE en Japón, S. Herráiz, spanish**


Book **ENTRE EL CIELO Y LA TIERRA - Lugares históricos del KARATE en Japón, Salvador Herráiz Embid, 7th Dan, 21 x 21 cm, 162 pages, spanish.** Este libro nos invita a realizar un apasionante paseo por los... [\(+ info\)](#)

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Book **Los Secretos del KYUSHO - Puntos de presión en combate, spanish**

Book **Los Secretos del KYUSHO - Puntos de presión en combate** por Stefan Reinisch, Juergen Hoeller y Axel Maluschka. Spanish, 17 x 24 cm, 232 pages. CÓMO CONTROLAR Y SOMETER AL ADVERSARIO:... [\(+ info\)](#)

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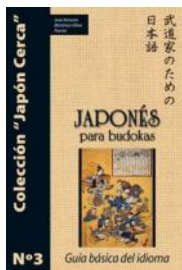


Book **KARATE SECRETO - El Eslabón Perdido, Félix Bargados Díaz, spanish**

Book **Investigación sobre ARTES MARCIALES desde el KARATE SECRETO y EL ESLABÓN PERDIDO - Para Maestros, Félix Bargados Díaz, 7º Dan Karate, 5º Dan, Tai Chi, Size: 21 x 29 cm. 528 pages - Spanish.** La más... [\(+ info\)](#)



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Other books (Cont.)



Book Japonés para budokas (Guía básica). José Antonio Martínez-Oliva Puerta. **spanish**



Book Japonés para budokas (Guía básica del idioma), José Antonio Martínez-Oliva Puerta, español, 14 x 21 cm, 186 páginas. José A. Martínez-Oliva Puerta. Abogado, escritor y traductor de japonés. En su afán por... [\(+ info\)](#)

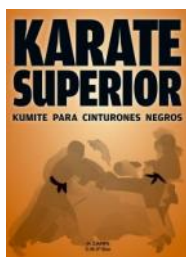
14,90 €¹ 14,33 €²
Ref.: 001776000  



Book JINTAI KYUSHO - Los puntos vulnerables del cuerpo humano. Planellas. **Spanish**



Book JINTAI KYUSHO - Los puntos vulnerables del cuerpo humano, 196 pages, 17 x 24 cm, Spanish. By Pau-Ramon Planellas, titulado en Japón por la Kokusai Budo In en la especialidad de Nihon Ju Jutsu, 5º Dan... [\(+ info\)](#)

18,50 €¹ 17,79 €²
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Book KARATE SUPERIOR - KUMITE para cinturones negros. Hermenegildo Camps. **Spanish**



Book KARATE SUPERIOR - KUMITE para cinturones negros, 220 pages, 17 x 23,5 cm, Spanish. By Hermenegildo Camps, 6º Dan. KUMITE PARA CINTURONES NEGROS. El Kumite o combate... [\(+ info\)](#)

20,95 €¹ 20,14 €²
Ref.: 002079000  



Book KARATE Y FLOW. Raúl Ballesta Barrera / Simón Pedro Fuentes Navarro. **spanish**



Book KARATE Y FLOW - Estrategias para fluir practicando Karate, Raúl Ballesta Barrera y Simón Pedro Fuentes Navarro. Size: 16 x 23 cm. 98 pages - Spanish. El estado de Flow o flujo ocurre cuando estamos tan... [\(+ info\)](#)

16,50 €¹ 15,87 €²
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Book KARATE-DO Y VIDA SALUDABLE. Simón Pedro Fuentes Navarro. **spanish**

Book KARATE-DO Y VIDA SALUDABLE por Simón Pedro Fuentes Navarro, 6th Dan., Entrenador y Juez nacional. 184 pages - Spanish. La Organización Mundial de la Salud (OMS) define la salud como "un estado de... [\(+ info\)](#)

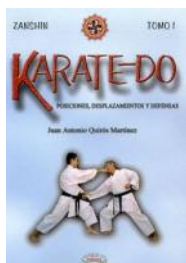
20,95 €¹ 20,14 €²
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Book UCHI WAZA - Ataques indirectos, tomo 3. Juan Antonio Quirós Martínez. **spanish**



UCHI WAZA - ATAQUES INDIRECTOS, tomo 3, Juan Antonio Quirós Martínez, Size: 17 x 24 cm. 334 pages - Spanish. Todos los ataques indirectos; más de 130. Se explican pormenorizadamente y se muestran aplicadas a... [\(+ info\)](#)

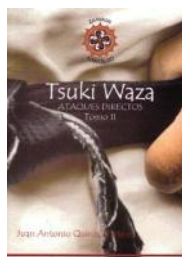
21,50 €¹ 20,67 €²
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Book KARATE-DO, ZANSHIN, tomo 1. Juan Antonio Quirós Martínez. **spanish**


KARATE-DO ZANSHIN, tomo I, Juan Antonio Quirós Martínez, Size: 17 x 24 cm. 478 pages - Spanish. Posiciones, Desplazamientos, Defensas. Libro muy completo que enseña y estudia a fondo más de 180... [\(+ info\)](#)

24,50 €¹ 23,56 €²
Ref.: 000708000  



Book TSUKI WAZA, tomo 2. Juan Antonio Quirós Martínez. **spanish**



KARATE-DO ZANSHIN, tomo I, Juan Antonio Quirós Martínez, Size: 17 x 24 cm. 269 pages - Spanish. Todos los ataques directos. Se explican pormenorizadamente y se muestran aplicadas a un compañero. Más de 650... [\(+ info\)](#)

19,50 €¹ 18,75 €²
Ref.: 001087000  



Book Karate über den Kampf. Michael Ehrenreich. **german**



Book Karate über den Kampf, Michael Ehrenreich, 242 pages, german. Veredeltes Paperback, ledergearbte Folienkaschierung. Dieses Buch wird Ihr Training verändern! Michael... [\(+ info\)](#)

24,50 €¹ 23,56 €²
Ref.: 001808000  



Book Mein Erstes Karate-Buch, der Karate-Weg der Kinder. Fiore Tartaglia. **german**

Book Mein Erstes Karate-Buch, der Karate-Weg der Kinder, Fiore Tartaglia, Fiore Tartaglia, german. 17 x 24 cm. 136 Seiten. Das Karate-Buch für Kinder im Alter von sieben bis 13 Jahren ist ein Begleiter für die ersten drei... [\(+ info\)](#)

24,45 €¹ 23,51 €²
Ref.: 001988000  



Book Die Form des Karate - Roman Westfehling. **german**

Book Die Form des Karate - Kata als umfassendes Übungskonzept, Roman Westfehling, german. 408 pages. Die traditionell überlieferten Formen des Karate, die Kata, enthalten sämtliche Facetten des... [\(+ info\)](#)

23,95 €¹ 23,03 €²
Ref.: 002012000  

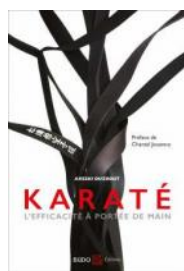


Book Kuatsu und Akupressur. Fritz Oblinger und Gerhard Kerscher. **german**

Book Kuatsu und Akupressur, Fritz Oblinger und Gerhard Kerscher, german. 14,8 x 21 cm. 240 pages. Kuatsu und Akupressur in den Kampfkünsten. Erste Hilfe für Budo, Sport und... [\(+ info\)](#)



34,50 €¹ 33,17 €²
Ref.: 002225000  

Other books (Cont.)



Book **KARATÉ : L'EFFICACITÉ À PORTÉE DE MAIN, OUZROUT Areski, french**

Book **KARATÉ : L'EFFICACITÉ À PORTÉE DE MAIN, OUZROUT Areski, 14 x 21 cm, 288 pages, FRENCH.** Ce livre est un essai accompagné de témoignages. Il prolonge l'enseignement reçu au dojo en présentant des... [\(+ info\)](#)

16,90 €¹ 16,25 €²
Ref.: 001893000  

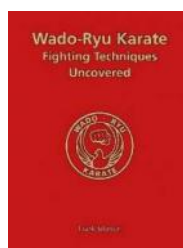
Books Wado Ryu



Book **WADO-RYU KARATE UNCOVERED, by Frank JOHNSON, English**



Book **WADO-RYU KARATE UNCOVERED, by Frank JOHNSON, English, 15 x 21 cm, 88 pages.** A unique book taking the reader into Japanese Martial arts like no other book before. The reader can almost feel he is... [\(+ info\)](#)

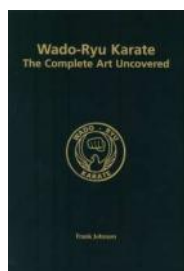
7,90 €¹ 7,60 €²
Ref.: 001675000  



Book **WADO-RYU KARATE FIGHTING TECHNIQUES UNCOVERED, by Frank JOHNSON, English**



Book **WADO-RYU KARATE FIGHTING TECHNIQUES UNCOVERED, by Frank JOHNSON, English, 16,5 x 24 cm, 158 pages.** This book is probably the most... [\(+ info\)](#)

27,90 €¹ 26,83 €²
Ref.: 001676000  



Book **WADO-RYU KARATE THE COMPLETE ART UNCOVERED, by Frank JOHNSON, English**



Book **WADO-RYU KARATE THE COMPLETE ART UNCOVERED, by Frank JOHNSON, English, 17 x 24,5 cm, 236 pages.** This book is for sure the most comprehensive book ever published on the Art of... [\(+ info\)](#)

24,90 €¹ 23,94 €²
Ref.: 001677000  



Book **KARATE-DO, by Tatsuo Suzuki, English**



Book **KARATE-DO, by Tatsuo Suzuki, English, 21 x 26 cm, 160 pages.** Over 900 illustrations! This book is unique on the subject of karate, in that the author, Tatsuo Suzuki - 8th Dan Karate, was the Chief Instructor of the Europe Wado-Ryu and Chairman to the... [\(+ info\)](#)

26,90 €¹ 25,87 €²
Ref.: 002210000  



Book **KARATE-DO (WADO RYU), H. OTSUKA, paperback, Spanish**



Book **KARATE-DO by master Hironori OTSUKA, founder of Wado ryu, 17 x 24 cm, 384 pages, Spanish, paperback edition, 375 photos.** Origen, filosofía y preceptos de las artes marciales y del Karate-Do Wado Ryu. Técnicas de... [\(+ info\)](#)

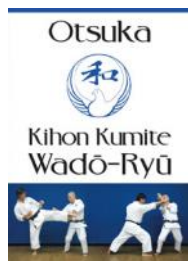
26,50 €¹ 25,48 €²
Ref.: 001251000  



Book **KARATÉ WADO RYU KATAS, Roberto De Luca, F. Comparelli, spanish**



Book **KARATÉ WADO RYU KATAS, Roberto De Luca, Fabrizio Comparelli, Spanish, 17 x 24 cm, 256 pages.** LA "ESCUELA DEL CAMINO DE LA ARMONÍA". Wadoryu significa "Escuela del Camino de la Armonía". La... [\(+ info\)](#)

21,50 €¹ 20,67 €²
Ref.: 002031000  



Book **Kazutaka OTSUKA KIHON KUMITE WADO-RYU, french**

Book **Kazutaka OTSUKA KIHON KUMITE WADO-RYU. FRENCH edition. 16x24 cm, 112 pages.** LE LIVRE : Ce livre s'inspire directement de l'ouvrage Karate-Do Dai... [\(+ info\)](#)

20,90 €¹ 20,10 €²
Ref.: 001745000  

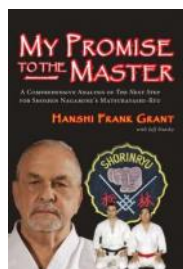
Books Okinawan Karate



Book **My Art Motobu Choki, McCarthy, english**



Book **My Art Motobu Choki "Watashi no Karate-jutsu". 14 x 20,5 cm, 119 pages, english.** Compilation and Japanese to English Translation by Patrick and Yuriko McCarthy. "Watashi no Karate-jutsu" ("My Art of Karate"), introduces comprehensive insights into a fighting tradition... [\(+ info\)](#)

34,50 €¹ 33,17 €²
Ref.: 000748000  

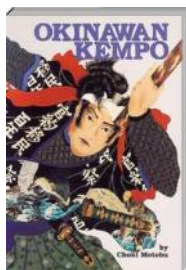


Book **My PROMISE TO THE MASTER NAGAMINE, Frank Grant, english**

Book **My PROMISE TO THE MASTER, Hanshi Frank Grant + Jeff Slutsky, english, 254 pages, 17 x 24 cm.** A Comprehensive Analysis of "The Next Step" for Shoshin Nagamine's Matsubayashi-ryu. Frank Grant holds a 10th... [\(+ info\)](#)



29,95 €¹ 28,80 €²
Ref.: 001847000  

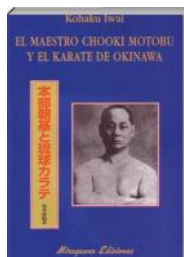
Okinawan Karate (Cont.)



Book **OKINAWAN KEMPO CHOKI MOTOBU**, PAPERBACK, english



Book OKINAWAN KEMPO by Choki MOTOBU, 15 x 22 cm, 127 pages, english. Classical work from 1926. Paperback. Meaning and Origins of Karate - Styles and Changes - Position and Hip - Kempo Minor Rules -... [\(+ info\)](#)

32,95 €¹ 31,68 €²
Ref.: 000558000  



Book **El Maestro CHOKI MOTOBU y el Karate de Okinawa**, Spanish



Book El Maestro CHOKI MOTOBU y el Karate de Okinawa, 17 x 24 cm, 186 pages, Spanish. El maestro Choki Motobu, originario de Okinawa fue uno de los impulsores del Karate-Do moderno junto con Miyagi,... [\(+ info\)](#)

19,50 €¹ 18,75 €²
Ref.: 000851000  



Book **OKINAWA KEMPO KARATE JUTSU**, Choki MOTOBU, spanish



Book OKINAWAN KEMPO KARATE JUTSU by Choki MOTOBU, 17 x 24 cm, 143 pages. SPANISH edition. Obra clásica del año 1925. Significado y Origenes del Karate - Estilos y cambios - Posiciones y... [\(+ info\)](#)

21,50 €¹ 20,67 €²
Ref.: 001267000  



Book **Las técnicas secretas del kárate KATA BUNKAI**, H. Kogel, 6th Dan, spanish



Book Las técnicas secretas del kárate KATA BUNKAI, H. Kogel, 6th Dan, Spanish, 17 x 24 cm, 248 pages. DEFENSA PERSONAL - TÉCNICAS DE KYUSHO - ILUSTRACIONES ANATÓMICAS INÉDITAS. Ideal para... [\(+ info\)](#)

26,50 €¹ 25,48 €²
Ref.: 001429000  



Book **El Karatejutsu Boxeo de Okinawa - Sobre el trabajo en pareja**, Choki MOTOBU, spanish

Book El Karatejutsu Boxeo de Okinawa - SOBRE EL TRABAJO EN PAREJA by Choki MOTOBU, 14 x 21 cm, 138 pages. SPANISH edition. Traducida y profusamente comentada por Jean-Charles Juster. Motobu Chôki,... [\(+ info\)](#)

16,90 €¹ 16,25 €²
Ref.: 002215000  

Books Other styles



Book **ALL KATA OF RYUEIRYU KARATE**, Tsuguo Sakumoto, English and Japanese BOK-350

Book ALL KATA OF RYUEIRYU KARATE, Tsuguo Sakumoto, English and Japanese. Size: 18 x 25,5 cm (B5). Revised edition 168 pages: Kenji Nakaima. Niseishi, Sanseiru, Seisan, Pachu, Heiku, Paiku, Anan.

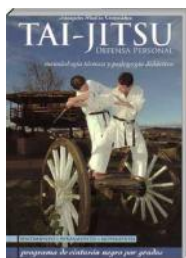
49,90 €¹ 47,98 €²
Ref.: 000835000  



Book **THE COMPLETE KATA OF SHINDO JINENN RYU KARATE JUTSU**, english and japanese BOK-391


Book THE COMPLETE KATA OF SHINDO JINENN RYU KARATE JUTSU, by Yasuhiro Konishi, Size: 21 x 29,7 cm, 132 pages - English/Japanese. Yasuhiro Konishi of... [\(+ info\)](#)

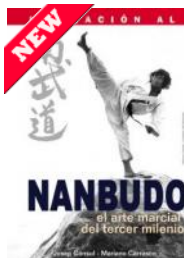
56,90 €¹ 54,71 €²
Ref.: 001381000  



Book **TAI-JITSU**, Joaquín Muñiz González, spanish



Book TAI-JITSU, Joaquín Muñiz González, Size: 17 x 24 cm. 480 pages, más de 2000 fotografías - Spanish. DEFENSA PERSONAL. Metodología técnica, pedagogía didáctica. Programa por grados hasta Cinturón Negro,... [\(+ info\)](#)

46,90 €¹ 45,10 €²
Ref.: 000787000  



Book **Iniciación al NANBUDO (el arte marcial del tercer milenio)**, Spanish

Book Iniciación al NANBUDO (el arte marcial del tercer milenio), Cónsul Peñalvert, Josep; Carrasco Millán, Mariano, 192 pages, 17 x 24 cm, Spanish. Creado por Yoshinao Nanbu a partir de su extensa... [\(+ info\)](#)



12,50 €¹ 12,02 €²
Ref.: 002211000  

Books WKF-style competitions



Book **KARATE DO KATA KYOHAN SHITEI KATA**, Japan Karatedo federation, english and japanese BOK-001C

Book KARATEDO KATA KYOHAN SHITEI KATA, vol.1 Japan Karatedo Federation, Size: 18 x 26 cm. 232 pages- English/Japanese. Teaching book for 8 Shitei... [\(+ info\)](#)

46,80 €¹ 45,00 €²
Ref.: 000675000  

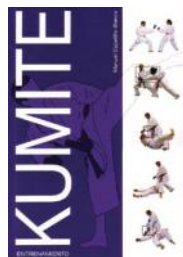
WKF-style competitions (Cont.)



Book **KARATE DO SHITEI KATA KYOHAN DAI-NI**, ed. 2013. Japan Karatedo Fed., english and jap. BOK-002C / ISBN 978-4-86344-010-4

Book **KARATE DO SHITEI KATA KYOHAN DAI-NI** (vol. 2) *New edition 2013*. Japan Karatedo Federation. Size: 18 x 26 cm. 198 pages-English/Japanese. Teaching... [\(+ info\)](#)

£ 39,90 €¹ 38,37 €²
Ref.: 000810000



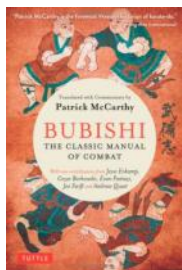
Book **KUMITE - Entrenamiento**, Manuel Capetillo Blanco, spanish

Book **KUMITE - Entrenamiento**, Manuel Capetillo Blanco, 17 x 23,5 cm, 188 pages, spanish. Manuel Capetillo es 5º Dan de Karate, maestro especialista en educación física y alumno de Jose Manuel Egea, Francisco Mayoral y... [\(+ info\)](#)

€ 29,50 €¹ 28,37 €²
Ref.: 001343000



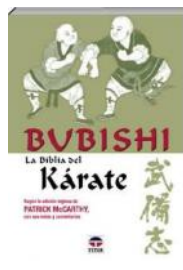
Books Historical interest



Book **BUBISHI THE CLASSIC MANUAL OF COMBAT**, McCARTHY, english

Book **THE CLASSIC MANUAL OF COMBAT KARATE - BUBISHI**, translated with commentary by Patrick McCARTHY, 15 x 23 cm, 320 pages, english. Treasured for centuries by karate's top masters The Bubishi is a... [\(+ info\)](#)

£ 26,45 €¹ 25,43 €²
Ref.: 000561000



Book **BUBISHI. La Biblia del Karate**, Spanish edition

Book **BUBISHI. >LA BIBLIA DEL KARATE**

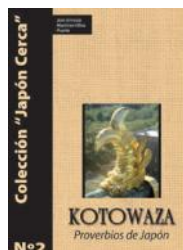
€ 20,75 €¹ 19,95 €²
Ref.: 000686000



Book **ESTRATEGIAS SAMURÁIS**, Boyé Lafayette de Mente, Spanish

Book **ESTRATEGIAS SAMURÁIS**, Boyé Lafayette de Mente, Spanish. 13,5x19,5 cm, 146 pages: 42 secretos marciales del >Libro de los Cinco Anillos< de Musashi.

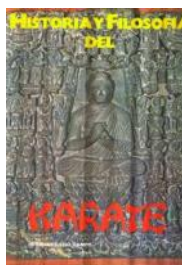
€ 17,50 €¹ 16,83 €²
Ref.: 001036000



Book **KOTOWAZA - Proverbios de Japon**, José Antonio Martínez-Oliva Puerta, spanish

Book **KOTOWAZA - Proverbios de Japon**, José Antonio Martínez-Oliva Puerta, español, 14 x 21 cm, 152 páginas. José A. Martínez-Oliva Puerta. Abogado, escritor y traductor de japonés. En su afán por difundir la cultura... [\(+ info\)](#)

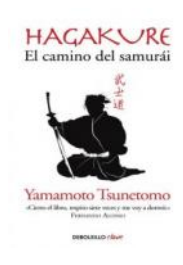
€ 13,90 €¹ 13,37 €²
Ref.: 001660000



Book **HISTORIA y FILOSOFIA del KARATE**, Hermenegildo Camps, Spanish

Book **HISTORIA y FILOSOFIA del KARATE**, 352 pages, 15,5 x 21,5 cm, Spanish. By Hermenegildo Camps, 6º Dan. Los orígenes, Egipto y Mesopotamia. Sistemas de lucha de la antigüedad. La India, China. Sistemas de... [\(+ info\)](#)

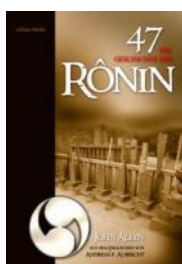
€ 14,90 €¹ 14,33 €²
Ref.: 001770000



Book **HAGAKURE El Camino del Samurai**, Yamamoto Tsunetomo, Spanish

Book **HAGAKURE El Camino del Samurai**, Yamamoto Tsunetomo, Spanish. 184 pages. 12,5 x 19 cm. «El mérito en el valor marcial reside en morir por el maestro en vez de batir al enemigo.» HAGAKURE («En la sombra... [\(+ info\)](#)

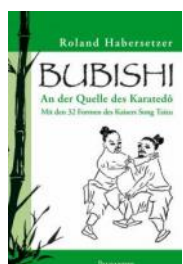
€ 9,95 €¹ 9,57 €²
Ref.: 000959000



Book **Die Geschichte der 47 Ronin**, John Allyn, german

Book **Die Geschichte der 47 Ronin**, John Allyn, 288 pages, german. Veredeltes Paperback, ledergearbte Folienkaschierung. Die Vorlage zum Kinofilm mit Keanu Reeves - 47 Ronin.... [\(+ info\)](#)

€ 18,00 €¹ 17,31 €²
Ref.: 001805000



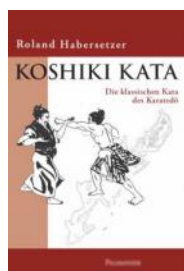
Book **Bubishi - An der Quelle des Karatedo**, R. Habersetzer, german

Book **Grundtechniken des Karate - Vom Weißgurt bis zum 1. Dan**, R. Habersetzer, german. 320 pages. 21 x 14,5 cm. Mit den 32 Formen des Kaisers Song Taizu. Aus dem Französischen von Frank Elstner. Die Bibel der... [\(+ info\)](#)

€ 24,90 €¹ 23,94 €²
Ref.: 001899000



Historical interest (Cont.)



Book Koshiki Kata - Die klassischen Kata des Karatedō, R.Habersetzer, german

Book Koshiki Kata - Die klassischen Kata des Karatedō, R. Habersetzer, R. Habersetzer, german. 400 pages. 21 x 14,5 cm. 150 Fotos, über 1700 Zeichnungen auf 105 Bildtafeln. Die Koshiki Kata als unendlicher Schatz. Die... [\(+ info\)](#)



24,95 €¹ 23,99 €²
Ref.: 001905000



Book Geschichte und Lehre des Karatedo, Heiko Bittmann, German

Book Geschichte und Lehre des Karatedo by Heiko Bittmann, German, 15x21 cm, 264 pages.



26,38 €¹ 25,37 €²
Ref.: 000687000



Book HAGAKURE Le livre du samouraï, Tsunetomo YAMAMOTO, french

Book HAGAKURE Le livre du samouraï, Tsunetomo YAMAMOTO, 14 x 21 cm, 232 pages, FRENCH. Traduction de William SCOTT WILSON et Josette NICKELS-GROLIER. Vivre et mourir sans se départir de... [\(+ info\)](#)



14,95 €¹ 14,38 €²
Ref.: 001874000



Books Shotokan french

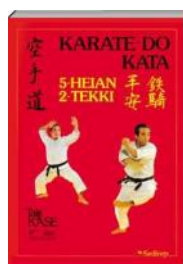


Book SHOTOKAN KARATE-DO KATA Encyclopedia Kase-ha, KASE, Taiji, English and French

Book "SHOTOKAN KARATE-DO KATA Encyclopédie Kase-ha Encyclopedia" by master Taiji KASE, 9th Dan. 21 x 30 cm, 432 pages, English and French. All 27 traditional Shotokan Ryu kata are presented in this book.... [\(+ info\)](#)



54,90 €¹ 52,79 €²
Ref.: 000495000

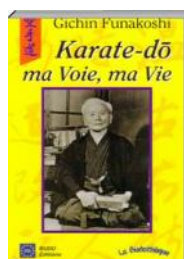


Book T. KASE, KATAS HEIAN AND TEKKI, french

Book "KARATE-DO KATA 5-HEIAN 2-TEKKI" by master Taiji KASE, 9th Dan. 21 x 30 cm, 104 pages, more than 400 photos, french, The five Heian kata: Shodan, Nidan, Sandan, Yondan and Godan, Tekki Shodan and Tekki... [\(+ info\)](#)



19,90 €¹ 19,13 €²
Ref.: 000492000



Book KARATE-DO ma Voie, ma Vie, Gichin FUNAKOSHI, french

Book KARATE-DO ma Voie, ma Vie, Gichin FUNAKOSHI, 11 x 18 cm, 127 pages, french.



9,90 €¹ 9,52 €²
Ref.: 000766000

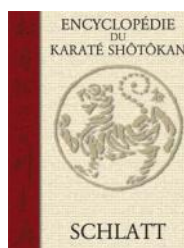


Book KARATE-DO NYUMON, Gichin FUNAKOSHI, french

Book KARATE-DO NYUMON, Gichin FUNAKOSHI, 19 x 26 cm, 127 pages, french.



34,90 €¹ 33,56 €²
Ref.: 000767000



Book Shotokan dictionary ENCYCLOPEDIE DU KARATE SHOTOKAN by SCHLATT, French

Book Shotokan dictionary ENCYCLOPEDIE DU KARATE SHOTOKAN by SCHLATT, French, 14,5 x 21,5 cm, 240 pages. Indispensable pour votre bibliothèque d'Arts Martiaux, cette édition complète et exhaustive présente... [\(+ info\)](#)



26,50 €¹ 25,48 €²
Ref.: 001165000



Book KARATE-DO KYOHAN, HB, by MASTER G. FUNAKOSHI, french

Book KARATE-DO KYOHAN by master Gichin FUNAKOSHI, 21,5 x 28 cm, 292 pages. French edition. Second edition. Véritable témoignage de la genèse du karaté moderne, ce livre est une oeuvre à l'attention du... [\(+ info\)](#)



56,90 €¹ 54,71 €²
Ref.: 001271000

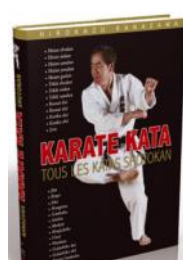


Book L'ESSENCE DU KARATE-DO by master Shigeru EGAMI, french

Book L'ESSENCE DU KARATE-DO by master Shigeru EGAMI, 18,6 cm x 26,1 cm, 128 pages, french. 2ème Édition du livre (1ère est parue en 1976). Il contient les techniques fondamentales du karaté, appuyées par de... [\(+ info\)](#)



35,98 €¹ 34,60 €²
Ref.: 001299000



Book KARATE KATA - TOUS LES KATAS SHOTOKAN, Hirokazu KANAZAWA, french

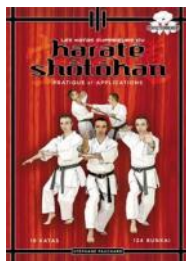
Book KARATE KATA - TOUS LES KATAS SHOTOKAN, by Hirokazu KANAZAWA, 18,6 x 26,5 cm, 240 pages, FRENCH. Écrit par un des maîtres des plus renommés, élève direct... [\(+ info\)](#)



38,90 €¹ 37,40 €²
Ref.: 001578000




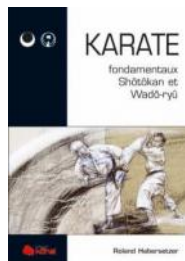
Shotokan french (Cont.)



Book LES KATAS SUPERIEURES DU KARATÉ SHOTOKAN. Stéphane FAUCHARD french



Book LES KATAS SUPERIEURES DU KARATÉ SHOTOKAN - Pratique et applications, by Stéphane FAUCHARD, 17 x 24 cm, 320 pages, FRENCH. Ce volume s'adresse aux pratiquants avancés... [\(+ info\)](#)

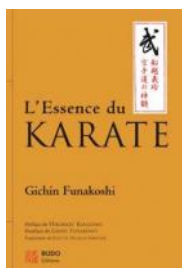
FR **28,90 €¹ 27,79 €²**
Ref.: 001389000  



Book KARATE fondamentaux Shôtôkan et Wadô-ryû. Roland HABERSETZER. french



Book KARATE fondamentaux Shôtôkan et Wadô-ryû, Roland HABERSETZER, 15,5 x 22,5 cm, 224 pages, FRENCH. Sensei Roland Habersetzer a rassemblé dans cet... [\(+ info\)](#)

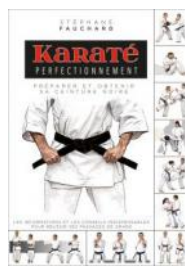
FR **18,75 €¹ 18,03 €²**
Ref.: 001597000  



Book FUNAKOSHI L'Essence du Karaté. french



Book FUNAKOSHI L'Essence du Karaté. FRENCH edition. 14x21 cm, 128 pages Dans L'essence du karaté, Funakoshi crée avec ses propres mots une histoire du karaté moderne, de ses origines à son essence véritable, nous faisant profiter de... [\(+ info\)](#)

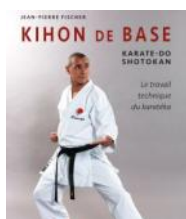
FR **12,95 €¹ 12,45 €²**
Ref.: 001628000  



Book KARATÉ PERFECTIONNEMENT. Stéphane FAUCHARD french



Book KARATÉ PERFECTIONNEMENT - Préparer et obtenir sa ceinture noire - Destiné au karatéka avancé, by Stéphane FAUCHARD, 17 x 24 cm, 128 pages.... [\(+ info\)](#)

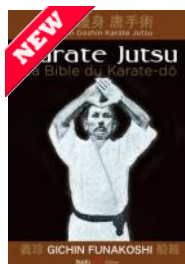
FR **16,90 €¹ 16,25 €²**
Ref.: 001979000  



Book KIHON de BASE Karate-Do Shotokan. Jean-Pierre FISCHER french



Book KIHON de BASE - Karate-Do Shotokan - Le travail technique du karatéka, Jean-Pierre FISCHER, 17 x 24 cm, 256 pages, FRENCH. Exercice traditionnel fondamental du karaté, le kihon... [\(+ info\)](#)

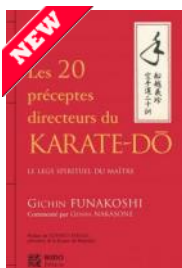
FR **21,75 €¹ 20,91 €²**
Ref.: 002178000  



Book KARATE JUTSU. Gichin FUNAKOSHI. french



Book KARATE JUTSU - La bible du Karate-do, Gichin FUNAKOSHI, Gichin FUNAKOSHI, 19 x 26 cm, 208 pages, french. Rentan Goshin Karate Jutsu.

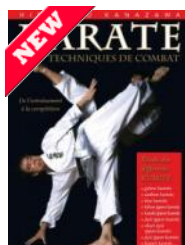
FR **39,90 €¹ 38,37 €²**
Ref.: 000768000  



Book Les 20 préceptes directeurs du KARATE-DO. GICHIN FUNAKOSHI. french


Book Les vingt préceptes directeurs du karaté-do: Le legs spirituel du maître, Gichin FUNAKOSHI, 14 x 21 cm, 127 pages, french.

FR **13,50 €¹ 12,98 €²**
Ref.: 002281000  



Book KARATE Techniques de COMBAT. Hirokazu KANAZAWA. french



Book KARATE Techniques de COMBAT, by Hirokazu KANAZAWA, 20 x 26,7 cm, 192 pages, FRENCH. Études des différents Kumite: de l'entraînement à la compétition. Écrit par un des maîtres des plus renommé... [\(+ info\)](#)

FR **34,90 €¹ 33,56 €²**
Ref.: 002282000  

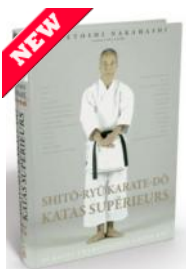


Book KARATE Intensif - Tremplin vers la ceinture noire. Hirokazu KANAZAWA. french

Book KARATE Intensif - Tremplin vers la ceinture noire, by Hirokazu KANAZAWA, 20 x 26,7 cm, 232 pages, FRENCH. Avec ce livre, Hirokazu Kanazawa, reconnu comme "le... [\(+ info\)](#)

FR **34,90 €¹ 33,56 €²**
Ref.: 002283000  

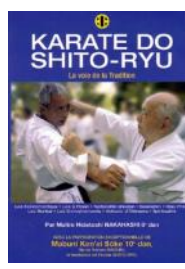
Books Shito Ryu french



Book SHITO-RYU KARATE-DO ADVANCED KATA. Hidetoshi NAKAHASHI. English and French



Book SHITO-RYU KARATE-DO ADVANCED KATA, Hidetoshi NAKAHASHI, 21 x 30 cm, 400 pages, English and French. Le Shitô-ryû est une école de karaté traditionnel et en tant que telle, elle donne une place... [\(+ info\)](#)

FR **48,90 €¹ 47,02 €²**
Ref.: 002082000  



Book NAKAHASHI KARATE DO SHITO-RYU La voie de la Tradition. french

Book NAKAHASHI KARATE DO SHITO-RYU La voie de la Tradition, French, by master nakahashi with assistance of master Mabuni Ken'ei Sôke, 17 x 24 cm, 112 pages. A very nice book with beautiful fotos and a very aesthetic... [\(+ info\)](#)

FR **24,50 €¹ 23,56 €²**
Ref.: 001074000  

Shito Ryu french (Cont.)



Book **MABUNI TRADITIONNEL SHITO RYU KARATE DO.** french

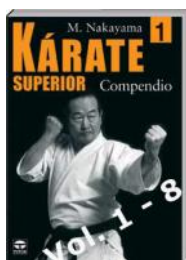
Book **KARATE-DO TRADITIONNEL SHITO RYU** by master Kenei MABUNI, 10th Dan, son of Mabuni Kenwa (founder of the style), 17 x 24 cm, 156 pages, more than 600 photos, french. Mon Pere: Kenwa Mabuni - Les... [\(+ info\)](#)



22,90 €¹ 22,02 €²
Ref.: 000555000



Books Shotokan spanish

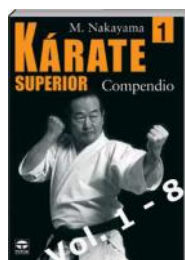


Book **KARATE SUPERIOR M.NAKAYAMA.** spanish Vol.3

Book series 'KARATE SUPERIOR', Masatoshi NAKAYAMA, 9th Dan, 17 x 24 cm, 144 pages, spanish. Vol.1: Compendio. Vol.2: Fundamentos. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)



14,50 €¹ 13,94 €² each
Ref.: 000501003

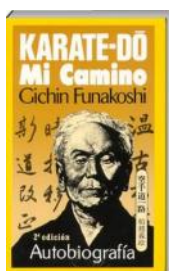


Book **KARATE SUPERIOR M.NAKAYAMA.** spanish Vol.4

Book series 'KARATE SUPERIOR', Masatoshi NAKAYAMA, 9th Dan, 17 x 24 cm, 144 pages, spanish. Vol.1: Compendio. Vol.2: Fundamentos. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)



14,50 €¹ 13,94 €² each
Ref.: 000501004

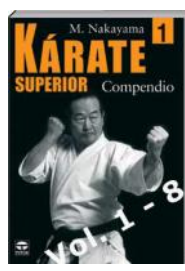


Book **MI CAMINO.** by MASTER G. FUNAKOSHI. spanish

Book **KARATE-DO MI CAMINO** by master Gichin FUNAKOSHI, 14,5 x 21 cm, 127 pages, spanish.



12,50 €¹ 12,02 €²
Ref.: 000528000

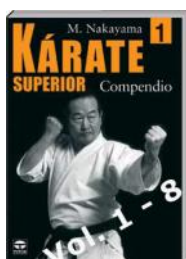


Book **KARATE SUPERIOR M.NAKAYAMA.** spanish Vol.5

Book series 'KARATE SUPERIOR', Masatoshi NAKAYAMA, 9th Dan, 17 x 24 cm, 144 pages, spanish. Vol.1: Compendio. Vol.2: Fundamentos. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)



14,50 €¹ 13,94 €² each
Ref.: 000501005

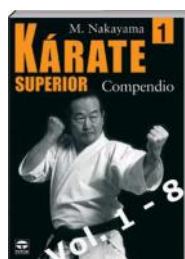


Book **KARATE SUPERIOR M.NAKAYAMA.** spanish Vol.6

Book series 'KARATE SUPERIOR', Masatoshi NAKAYAMA, 9th Dan, 17 x 24 cm, 144 pages, spanish. Vol.1: Compendio. Vol.2: Fundamentos. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)



14,50 €¹ 13,94 €² each
Ref.: 000501006

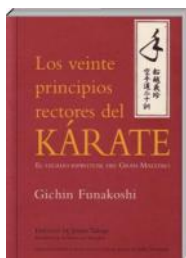


Book **KARATE SUPERIOR M.NAKAYAMA.** spanish Vol.8

Book series 'KARATE SUPERIOR', Masatoshi NAKAYAMA, 9th Dan, 17 x 24 cm, 144 pages, spanish. Vol.1: Compendio. Vol.2: Fundamentos. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)



14,50 €¹ 13,94 €² each
Ref.: 000501008

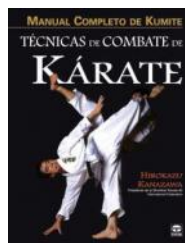


Book **FUNAKOSHI Los veinte principios rectores del KARATE.** Spanish

Book **FUNAKOSHI Los veinte principios rectores del KARATE.** SPANISH edition. 13,5x19,5 cm, 128 pages ¡Por primera vez en español! Edición rústica. El legado espiritual del Gran Maestro Gichin Funakoshi y de... [\(+ info\)](#)



11,50 €¹ 11,06 €²
Ref.: 000956000

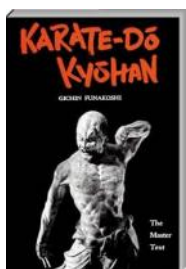


Book **Técnicas de combate para KARATE.** Hirokazu Kanazawa. spanish

Book **Técnicas de combate de Karate,** Manual completo de Kumite - Hirokazu Kanazawa. Spanish, 21,5 X 28 cm, 200 pages. Edición rústica. Este libro es la primera guía completa del maestro Kanazawa sobre kumite, o... [\(+ info\)](#)



21,50 €¹ 20,67 €²
Ref.: 001203000

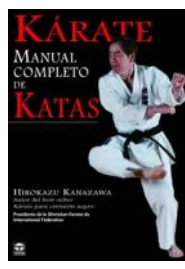


Book **KARATE-DO KYŌHAN.** by MASTER G. FUNAKOSHI. spanish

Book **KARATE-DO KYŌHAN** by master Gichin FUNAKOSHI, 19 x 26 cm, 250, pages. SPANISH. Second edition. Karate-Do. The way from techniques. The development of Karate. Kata. Public introduction.... [\(+ info\)](#)



24,90 €¹ 23,94 €²
Ref.: 000519000



Book **KÁRATE, Manual Completo de KATAS.** Hirokazu Kanazawa. spanish

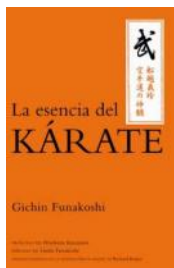
Book **KÁRATE, Manual Completo de KATAS** - Hirokazu Kanazawa. Spanish, 21,5 X 28 cm, 240 pages. PARA EL PERFECTO DOMINIO DE LAS KATAS. Este libro trae la historia de las veintisiete katas más importantes del... [\(+ info\)](#)



29,50 €¹ 28,37 €²
Ref.: 001456000

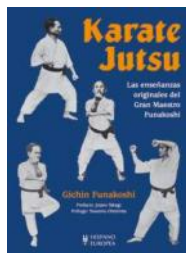


Shotokan spanish (Cont.)



Book FUNAKOSHI La esencia del Kárate. Spanish edition. 13x19 cm, 128 pages ¡Por primera vez en español! El prodigioso ascenso del kárate desde una serie de... [\(+ info\)](#)

€ **17,50 €¹** 16,83 €²
Ref.: 001569000



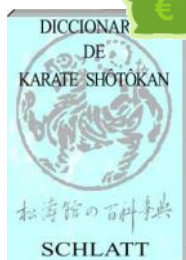
Book KARATE JUTSU by MASTER G. FUNAKOSHI. spanish. 160 pages. 17 x 23 cm. Las enseñanzas originales del Gran Maestro Funakoshi, padre del karate moderno. Este libro, el Karate Jutsu, data de la década... [\(+ info\)](#)

€ **19,95 €¹** 19,18 €²
Ref.: 001892000



Book MANUAL DE CONSULTA SHOTO KAI KARATE NO SHIN ZUI, by José Cáceres Madrid, Spanish. Book Manual de consulta para la práctica del KARATE DO SHOTO KAI KARATE NO SHIN ZUI, by José Cáceres Madrid, 186 pages, 17 x 23,5 cm, Spanish.... [\(+ info\)](#)

€ **13,50 €¹** 12,98 €²
Ref.: 002045000



Book Diccionario de Karate Shotokan by SCHLATT. spanish. Book DICcionario DE KARATE SHÔTÔKAN, by SCHLATT, 14,5 x 21,5 cm, 240 pages, spanish (ISBN: 84-607-9752-X)

€ **17,90 €¹** 17,21 €²
Ref.: 000771000



Book dojo fundazioa ESCRITOS DE KARATE: TAIKYOKU. Félix Sáenz and others. spanish. Book dojo fundazioa ESCRITOS DE KARATE: TAIKYOKU Fundamentales y Complementarios, Félix Sáenz and others, Size: 17 x 24 cm. 62 pages -... [\(+ info\)](#)

€ **12,90 €¹** 12,40 €²
Ref.: 002212000



Book dojo fundazioa: MENORES DE 15 Y MAYORES DE 60. Félix Sáenz and others. spanish. Book dojo fundazioa ESCRITOS DE KARATE: TAIKYOKU Fundamentales y Complementarios, Félix Sáenz and others, Size: 17 x 24 cm. 62 pages -... [\(+ info\)](#)

€ **12,90 €¹** 12,40 €²
Ref.: 002213000



Book KARATE SUPERIOR M.NAKAYAMA. spanish Vol.1. Book series 'KARATE SUPERIOR', Masatoshi NAKAYAMA, 9th Dan, 17 x 24 cm, 144 pages, spanish. Vol.1: Compendio. Vol.2: Fundamentos. Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

€ **15,90 €¹** 15,29 €² each
Ref.: 000501009



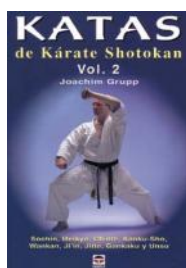
Book El sistema estilístico Shotokan. Massimo Braglia. Spanish. Book El sistema estilístico Shotokan, Massimo Braglia, 29,7 x 21 cm, Spanish. 640 pages! More than 845 images in black & white. Este libro enfocado en la historia del Karate Kata no es solo una guía válida para los... [\(+ info\)](#)

€ **98,50 €¹** 94,71 €²
Ref.: 002204000



Book dojo fundazioa: POSICIONES Y DESPLAZAMIENTOS. Félix Sáenz and others. spanish. Book dojo fundazioa ESCRITOS DE KARATE: POSICIONES Y DESPLAZAMIENTOS, Félix Sáenz and others, Size: 17 x 24 cm. 62 pages -... [\(+ info\)](#)

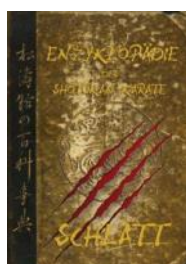
€ **12,90 €¹** 12,40 €²
Ref.: 002235000



Book KATAS de Karate Shotokan. vol.2. Joachim Grupp. spanish. Book KATAS de Karate Shotokan, vol.2 por Joachim Grupp, Size: 17 x 24 cm. 151 pages - in Spanish. Se presentan 9 katas superiores con todo detalle, además de sus bunkais: Sochin, Meikyo, Chinte, Kanku-sho,... [\(+ info\)](#)

€ **17,00 €¹** 16,35 €²
Ref.: 001042000

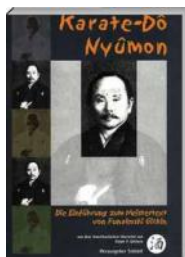
Books Shotokan german



Book ENZYKLOPÄDIE des Shôtôkan Karate by SCHLATT. german 4. Neuauflage. völlig überarbeitet. Book ENZYKLOPÄDIE DES SHÔTÔKAN KARATE, by SCHLATT, 17,8 x 22,5 cm, 296 pages, german. The Shotokan Karate Dictionary (Japanese-German).



€ **29,50 €¹** 28,37 €²
Ref.: 000534000

Shotokan german (Cont.)



Book KARATE-DO NYUMON by MASTER G. FUNAKOSHI, german

Book "KARATE-DO NYUMON" by master Gichin FUNAKOSHI, 18 x 26 cm, 136 pages, german. Published in 1943. Power, origins, Karate in the ryukyu, Chinese hands/Empty hands, masters Azato and Itosu, training... [\(+ info\)](#)

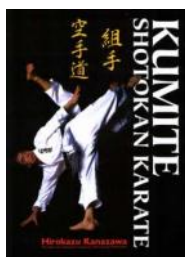
24,50 €¹ 23,56 €²
Ref.: 000775000  



Book Grundtechniken des Karate - Vom Weißgurt bis zum 1. Dan, R. Habersetzer, german



Book Grundtechniken des Karate - Vom Weißgurt bis zum 1. Dan, R. Habersetzer, german. 242 pages. 21 x 14,5 cm. Kihon waza für Shôtôkan und Wadô-ryû. Ein Handbuch über die Grundlagen des Karate. Aufgrund der... [\(+ info\)](#)

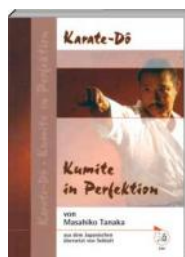
18,50 €¹ 17,79 €²
Ref.: 001580000  



Book KUMITE SHOTOKAN KARATE, Hirokazu KANAZAWA, german Hardcover


Book KUMITE SHOTOKAN KARATE, Hirokazu KANAZAWA, hardcover, 19 x 26 cm, 192 pages, german. Das erste vollständige Buch über das Kumite des... [\(+ info\)](#)

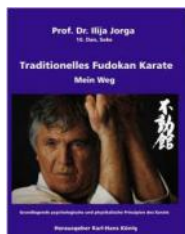
24,50 €¹ 23,56 €²
Ref.: 001591000  



Book Kumite in Perfektion, M. Tanaka, german



Book KARATE DO KUMITE IN PERFEKTION by master Masahiko TANAKA, 18 x 26 cm, 248 pages, german. Tanaka's Buch kann als eine Weiterführung des 1968 erschienenen Standardwerks "Karate-Do" von M. Nakayama angesehen werden und wurde in erster Linie... [\(+ info\)](#)

34,90 €¹ 33,56 €²
Ref.: 000597000  



Book Traditionelles Fudokan Karate - Mein Weg, Prof. Dr. Ilija Jorga, 10th Dan, german



Book Traditionelles Fudokan Karate - Mein Weg, Prof. Dr. Ilija Jorga, 10^o Dan, german. Hardcover, 236 pages, 22,5 x 17,5 cm. Dieses Karatebuch von Prof. Dr. Ilija Jorga, beschreibt die grundlegenden physikalischen und... [\(+ info\)](#)

33,90 €¹ 32,60 €²
Ref.: 001617000  



Book KARATE IN DER PRAXIS, complete series 6 volumes, Masatoshi NAKAYAMA, german



Complete book series KARATE IN DER PRAXIS, volumen 1, 2, 3, 4, 5 and 6 (6 books), Masatoshi NAKAYAMA, 16,5 x 23,5 cm, softcover. Total: 760 pages,... [\(+ info\)](#)

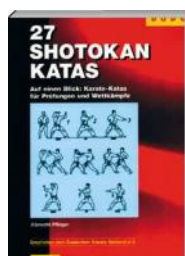
89,50 €¹ 86,06 €²
Ref.: 001726000  



Book KARATE IN DER PRAXIS, LIMITED ED, complete series 6 vol., Masatoshi NAKAYAMA, german



Complete book series KARATE IN DER PRAXIS, volumen 1, 2, 3, 4, 5 and 6 (6 books), Masatoshi NAKAYAMA, LIMITIERTE EDITION - Dieses Buch ist auf... [\(+ info\)](#)

147,50 €¹ 141,83 €²
Ref.: 001728000  



Book 27 SHOTOKAN KATAS, by Sensei A. PFLÜGER, german



Book "27 SHOTOKAN KATA", JKA by Albrecht PFLÜGER, 6th Dan. 21 x 30 cm, 88 pages, german. With very detailed drawings are shown all techniques of the 27 Shotokan Kata according to the JKA.

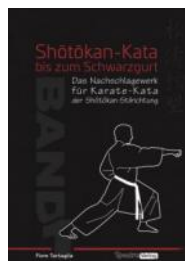
19,90 €¹ 19,13 €²
Ref.: 000486000  



Book Wei-Zen-Dô, Günter Burkhart, german



Book Wei-Zen-Dô, Günter Burkhart, 120 pages, german. Weizen-Do oder Weißbier, Zen und Kampfkunst. "Wei-Zen-Dô ist eine neue Form der uralten Suche nach Sinn und Einheit", zitiert nach Günter Burkhart aus diesem einmaligen Werk zum Thema Weißbier, Zen und Budo.... [\(+ info\)](#)

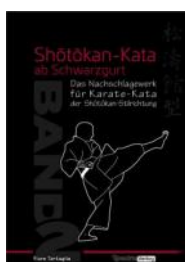
10,00 €¹ 9,62 €²
Ref.: 001797000  



Book Shôtôkan-Kata bis zum Schwarzgurt, Fiore Tartaglia, german Band 1



Book Shôtôkan-Kata bis zum Schwarzgurt - Band 1, Fiore Tartaglia, german. Mit über 1.800 Zeichnungen. Alle Shôtôkan-Kata bis zum Schwarzgurt - Kata lernen so einfach wie noch nie! Jede Technik wird mit drei... [\(+ info\)](#)

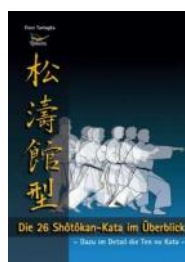
26,45 €¹ 25,43 €²
Ref.: 001824000  



Book Shôtôkan-Kata ab Schwarzgurt, Fiore Tartaglia, german Band 2



Book Shôtôkan-Kata ab dem Schwarzgurt - Band 2, Fiore Tartaglia, german. Mit über 2.600 Zeichnungen. Alle Shôtôkan-Kata ab Schwarzgurt - Kata lernen so einfach wie noch nie! Jede Technik wird mit drei... [\(+ info\)](#)

28,45 €¹ 27,36 €²
Ref.: 001825000  

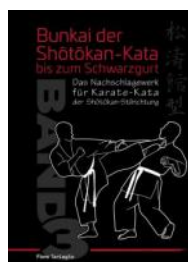


Book Die 26 Shotokan-Kata im Überblick, Fiore Tartaglia, german

Book Die 26 Shotokan-Kata im Überblick, Fiore Tartaglia, german. Handbuch für Karateka, die die Kata bereits kennen und weiter üben wollen. Klare Zeichnungen geben eine schnelle Hilfe, vergessene Abläufe oder... [\(+ info\)](#)



15,90 €¹ 15,29 €²
Ref.: 001826000  

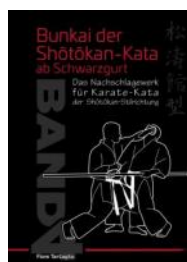
Shotokan german (Cont.)



Book Bunkai der Shôtôkan-Kata bis zum Schwarzgurt, Fiore Tartaglia, german Band 3



Book Bunkai der Shôtôkan-Kata bis zum Schwarzgurt - Band 3, Fiore Tartaglia, german. 128 Seiten. 11. komplett überarbeitete Auflage von Juli 2019. Umschlag mit Einklapplaschen und partieller Lackierung.... [\(+ info\)](#)

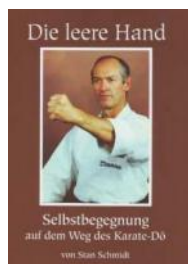
26,45 €¹ 25,43 €²
Ref.: 001827000  



Book Bunkai der Shôtôkan-Kata ab Schwarzgurt, Fiore Tartaglia, german Band 4



Book Bunkai der Shôtôkan-Kata ab Schwarzgurt - Band 4, Fiore Tartaglia, german. 164 Seiten. 8. komplett überarbeitete Auflage von Juli 2019. Insgesamt über 2.600 Zeichnungen. Umschlag mit Einklapplaschen und... [\(+ info\)](#)

28,45 €¹ 27,36 €²
Ref.: 001828000  



Book Die leere Hand - Selbstbegegnung auf dem Weg des Karate-Dô, Stan Schmidt, german [DS-00041]



Book Die leere Hand - Selbstbegegnung auf dem Weg des Karate-Dô, Stan Schmidt, 280 pages, german. Die inspirierende Autobiographie des höchstrangigen... [\(+ info\)](#)

32,90 €¹ 31,63 €²
Ref.: 001837000  



Book Karate-dô Mein Weg, Funakoshi Gichin, german



Book Karate-dô Mein Weg, Funakoshi Gichin, 160 pages, german. Das Erbe des "Vaters des modernen Karate". Das Vermächtnis von Meister Funakoshi Gichin ist vielleicht das Wertvollste dessen, was der... [\(+ info\)](#)

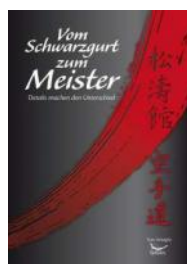
17,00 €¹ 16,35 €²
Ref.: 001838000  



Book Der Bunkai-Code, Alfred Heubeck, german



Book Der Bunkai-Code, Alfred Heubeck, 196 pages, german, 14,8 x 21 cm. Ein Schlüssel zum Verständnis der Karate-Kata. Alfred Heubeck ist "ein Urgestein des Karate in Deutschland". In diesem Werk zur Kata-Analyse vergleicht er überliefertes Wissen mit den... [\(+ info\)](#)

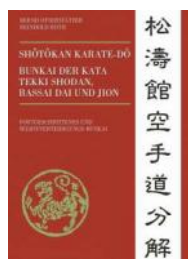
19,00 €¹ 18,27 €²
Ref.: 001869000  



Book Vom Schwarzgurt zum Meister, Fiore Tartaglia, german

Book Vom Schwarzgurt zum Meister - Details machen den Unterschied, Fiore Tartaglia, german. 17 x 24 cm. 112 Seiten. Bitte mit vollem Einsatz lesen! Hauptsächlich praxisorientiert, widmet sich dieses Buch der Vertiefung... [\(+ info\)](#)

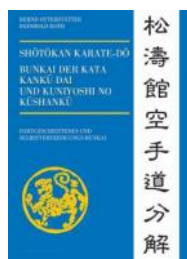
22,45 €¹ 21,59 €²
Ref.: 001880000  



Book Shotokan Kata Bunkai, Bernd Otterstätter / Reinhold Roth, german Band 2



Book Shōtōkan Karate-dō (Band 2) Bunkai der Kata Tekki Shodan, Bassai Dai und Jion - Fortgeschrittenes und Selbstverteidigungs-Bunkai, Bernd Otterstätter / Reinhold Roth, Großformat, 1061... [\(+ info\)](#)

18,00 €¹ 17,31 €²
Ref.: 001908000  



Book Shotokan Kata Bunkai, Bernd Otterstätter / Reinhold Roth, german Band 3



Book ShÄ•tÄ•kan Karate-dÄ• (Band 3) Bunkai der Kata KankÄ• Dai und Kuniyoshi no KÄ•shankÄ• - Fortgeschrittenes und Selbstverteidigungs-Bunkai, Bernd Otterstätter / Reinhold Roth, Großformat, 1260... [\(+ info\)](#)

18,00 €¹ 17,31 €²
Ref.: 001909000  



Book KANAZAWA Im Zeichen des Tigers, Hirokazu KANAZAWA, german



Book KANAZAWA Im Zeichen des Tigers - Eine Autobiographie, 18 x 26 cm, 352 pages, german. (Übersetzung: Dr. Wolfgang Herbert). Klimaneutral gedruckt und fadengeheftet! Dieses Buch liest sich so... [\(+ info\)](#)

33,50 €¹ 32,21 €²
Ref.: 001901000  



Book KARATE - Die Kunst der leeren Hand, by Hidetaka NISHIYAMA, German



Book KARATE - Die Kunst der leeren Hand, by Hidetaka NISHIYAMA, German, 18 x 26 cm, 256 pages, german. Von Hidetaka NISHIYAMA & Richard C. Brown, übersetzt von Schlatt. Ganzleinen mit Leseband, gebundene... [\(+ info\)](#)

49,50 €¹ 47,60 €²
Ref.: 000840000  



Book Die Karate-Essenz. Das Handbuch, Fiore Tartaglia, german



Book Die Karate-Essenz. Das Handbuch, Fiore Tartaglia, Fiore Tartaglia, german. 17 x 24 cm. 304 Seiten. Insgesamt 386 Zeichnungen. Umschlag mit Einklapplaschen und partieller Lackierung.... [\(+ info\)](#)

32,45 €¹ 31,20 €²
Ref.: 002192000  

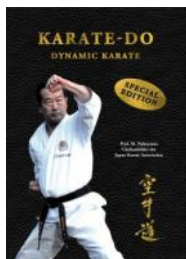


Book GICHINS FAUST Aus den Gründerjahren des Shôtôkan Karate, Konno Bin, german

Book GICHINS FAUST - Aus den Gründerjahren des Shôtôkan Karate, Konno Bin, Dr. Wolfgang Herbert, 14,8 x 21 cm, 298 pages, german. Eine Erzählung des japanischen Erfolgsautors Konno... [\(+ info\)](#)

23,90 €¹ 22,98 €²
Ref.: 002208000  

Shotokan german (Cont.)



Book Karate-Do DYNAMIC KARATE Special Edition, Masatoshi NAKAYAMA, german Hardcover

Book KARATE-DO DYNAMIC KARATE, Masatoshi NAKAYAMA Special Edition, hardcover, 19 x 26 cm, 308 pages, german. NEU! Endlich ist sie da, die Neuauflage des Klassikers... (+ info)

29,50 €¹ 28,37 €²
Ref.: 001586000



Book Karatedo Kyohan, Lehrmuster des Weges der leeren Hand, Funakoshi Gichin, german

Book Karatedo Kyohan, Lehrmuster des Weges der leeren Hand, Funakoshi Gichin, 382 pages, german. Herausgegeben, eingeleitet und annotiert von Heiko Bittmann und Peter Kuhn, über 300 Abbildungen.... (+ info)

28,95 €¹ 27,84 €²
Ref.: 002252000



Book NAKA TATSUYA Zentrale Konzepte des Budō-Karate, german

Book Zentrale Konzepte des Budō-Karate, NAKA TATSUYA, übersetzt aus dem Japanischen ins Deutsche von Dr. Sven Matthiessen, 14,8 x 21 cm, 298 pages,... (+ info)

33,90 €¹ 32,60 €²
Ref.: 002271000



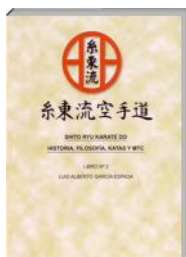
Book NAKA TATSUYA Meine Entdeckung des Karate-do, german

Book Meine Entdeckung des Karate-do, NAKA TATSUYA, übersetzt aus dem Japanischen ins Deutsche von Dr. Sven Matthiessen, 14,8 x 21 cm, 248 pages,... (+ info)

33,90 €¹ 32,60 €²
Ref.: 002321000



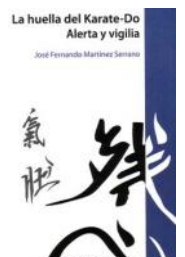
Books Shito Ryu spanish



Book SHITO RYU KARATE DO: Historia, filosofía, katas, Luis Alberto García Espada, spanish

Book SHITO RYU KARATE DO: Historia, filosofía, katas, Luis Alberto García Espada, Spanish, Size: 21 x 29,7 cm. 193 pages. El autor es licenciado en Medicina Tradicional China por la universidad de MTC de Beijing.... (+ info)

30,50 €¹ 29,33 €²
Ref.: 001246000



Book La Huella del Karate-Do, Alerta y vigilia by José Fdo. Mtnez. Serrano, Spanish

Book La Huella del Karate-Do, Alerta y vigilia by José Fernando Martínez Serrano, 124 pages, 17 x 24 cm, Spanish. Una obra fundamental para comprender el espíritu que anima esta arte marcial milenario.... (+ info)

16,90 €¹ 16,25 €²
Ref.: 001290000



Book SHITO-RYU KARATE-DO 1, Santiago Cerezo, Cristóbal Gea, Spanish

Book SHITO-RYU KARATE-DO 1, Santiago Cerezo, Cristóbal Gea, 136 pages, 14 x 21 cm, Spanish. Santiago Cerezo (Nanadan por la Unión Shito-Ryu España y Rokudan por la World Shito-Ryu Karate-Do... (+ info)

13,50 €¹ 12,98 €²
Ref.: 001443000



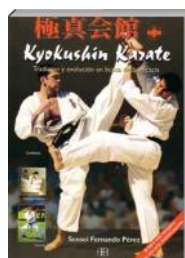
Book SHITO-RYU KARATE-DO 2, Santiago Cerezo, Cristóbal Gea, Spanish

Book SHITO-RYU KARATE-DO 2, Santiago Cerezo, Cristóbal Gea, 178 pages, 14 x 21 cm, Spanish. Santiago Cerezo (Nanadan por la Unión Shito-Ryu España y Rokudan por la World Shito-Ryu Karate-Do... (+ info)

15,75 €¹ 15,14 €²
Ref.: 001937000



Books Kyokushinkai



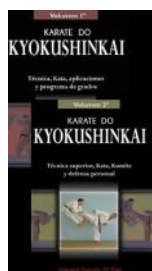
Book Kyokushin Karate (Combate, Rompimientos, Técnica), Fernando Pérez, Spanish

Book Kyokushin Karate (Combate, Rompimientos, Técnica), Fernando Pérez, Spanish. 284 pages. 17 x 24 cm. Historia y filosofía, Etiqueta en el dojo, La condición física, Principios técnicos, El Kata, La competición, etc...

20,50 €¹ 19,71 €²
Ref.: 000784000



Kyokushinkai (Cont.)



Book KARATE-DO KYOKUSHINKAI, Armand Sancho, Spanish Vol.1 Vol.2

Book series KARATE-DO KYOKUSHINKAI, Armand Sancho, 5th Dan, Spanish. Vol.1: 320 pages. Técnica, Kata, aplicaciones y programa de grados. Orígenes del Karate y los principios básicos que rigen las técnicas y el... [\(+ info\)](#)

€ **19,90 €¹** 19,13 €² each

Ref.: 001479000



Book Bertrand KRON, KYOKUSHIN KATA ENCYCLOPAEDIA, french

Book KYOKUSHIN KATA ENCYCLOPAEDIA, French, by Bertrand KRON, 29,7 x 21 cm, 272 pages. Plus de 2700 photos! TAIKYOKU - TAIKYOKU SOKUGI - TAIKYOKU URA - PINAN - PINAN URA - SANCHIN NO KATA -... [\(+ info\)](#)

FR **38,90 €¹** 37,40 €²

Ref.: 001943000

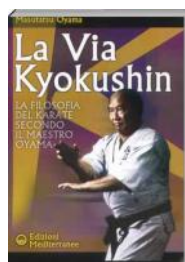


Book KARATE VITALE, Mas. Oyama, italian

Book KARATE VITALE, Mas. Oyama, italian, 128 pages

IT **18,75 €¹** 18,03 €²

Ref.: 000621000



Book La Via Kyokushin, Masutatsu Oyama, italian

Book La Via Kyokushin, Masutatsu Oyama, italian, 114 pages

IT **18,75 €¹** 18,03 €²

Ref.: 000749000

Books Goju Ryu japanese



Book The Old Style Goju Ryu Kenpo, Yoshio Kuba, vol.2, japanese + DVD NTSC (BOK-382)

BOOK + DVD: COLLECTORS EDITION: Pack Book + DVD: The Old Style Goju Ryu Kenpo, master Yoshio KUBA, Japanese only! Size: 26x18.5cm, 232 pages. DVD (61 min.): Professional image quality showing the... [\(+ info\)](#)

JP **107,40 €¹** 103,27 €²

Ref.: 001210000



Book The Old Style Goju Ryu Kenpo, Yoshio Kuba, vol.3, japanese + DVD NTSC (BOK-383)

BOOK + DVD: COLLECTORS EDITION: Pack Book + DVD: The Old Style Goju Ryu Kenpo, vol.3, master Yoshio KUBA, Japanese only! Size: 26x18.5cm, 230 pages. DVD (90 min.): Professional image quality... [\(+ info\)](#)

JP **107,40 €¹** 103,27 €²

Ref.: 001760000

Books Self Defense

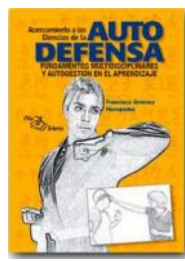


Book DEFENSA PERSONAL femenina, Mateo Redondo Hurta, Spanish

Book DEFENSA PERSONAL femenina - tu seguridad depende de ti - TÚ DECIDES, Mateo Redondo Hurtado, Spanish. 15x21 cm, 116 pages. Obra reducida en dimensiones pero con un claro mensaje, muy gráfico y... [\(+ info\)](#)

€ **13,90 €¹** 13,37 €²

Ref.: 001582000



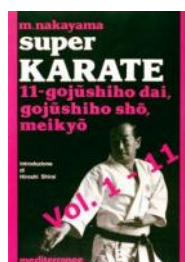
Book AUTODEFENSA - Fundamentos multidisciplinares, Francisco Jiménez Hernández, Spanish

Book Acercamiento A Las Ciencias De La AUTODEFENSA - Fundamentos multidisciplinares y autogestión en el aprendizaje, Francisco Jiménez... [\(+ info\)](#)

€ **19,75 €¹** 18,99 €²

Ref.: 001897000

Books Shotokan italian



Book SUPER KARATE M.NAKAYAMA, italiano Vol.7

Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

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Shotokan italian (Cont.)



Book SUPER KARATE M.NAKAYAMA, italiano
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Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

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Ref.: 000507013



Book SUPER KARATE M.NAKAYAMA, italiano
Vol.2




Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

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Book SUPER KARATE M.NAKAYAMA, italiano
Vol.1




Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

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Book SUPER KARATE M.NAKAYAMA, italiano
Vol.3



Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

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Book SUPER KARATE M.NAKAYAMA, italiano
Vol.4




Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

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Book SUPER KARATE M.NAKAYAMA, italiano
Vol.5




Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

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Book SUPER KARATE M.NAKAYAMA, italiano
Vol.6




Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

 **17,50 €¹** 16,83 €² each  
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Book SUPER KARATE M.NAKAYAMA, italiano
Vol.9

Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

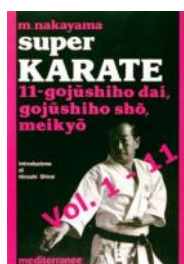
 **17,50 €¹** 16,83 €² each  
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Book SUPER KARATE M.NAKAYAMA, italiano
Vol.10

Book series SUPER KARATE, by Masatoshi NAKAYAMA, 9th Dan, 15 x 22 cm, 140 pages, italian. Vol.1: Compendio. Vol.2: Fundamentos Vol.3: Kumite 1. Vol.4: Kumite 2. Vol.5: Heian y Tekki. Vol.6: Bassai-dai,... [\(+ info\)](#)

 **18,50 €¹** 17,79 €² each  
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Book SUPER KARATE M.NAKAYAMA, italiano
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 **18,50 €¹** 17,79 €² each  
Ref.: 000507011



Book KARATE-DO NYUMON by MASTER G. FUNAKOSHI, Italian




Book KARATE-DO NYUMON" by master Gichin FUNAKOSHI, italian. 123 pages. 21 x 27 cm. Published in 1943. La forza del karate, Le origini, Il karate nelle isole Ryukyu, Mani cinesi, mani vuote, Il Maestro Azato, Il... [\(+ info\)](#)

 **18,98 €¹** 18,25 €² each  
Ref.: 000747000

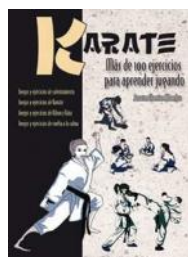


Book Il sistema stilistico Shotokan, Massimo Braglia, Italian

Book Il sistema stilistico ShÅ•tÅ•kan, Massimo Braglia, 30 x 23 cm, Italian. 620 pages! More than 800 color images! Dalle indagini riassunte in questo volume ho dedotto nuove teorie sulle origini e sugli sviluppi storici... [\(+ info\)](#)

 **129,50 €¹** 124,52 €² each  
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Books Learning with games spanish



Book KARATE - Más de 100 ejercicios para aprender jugando. Jonatan Huertas, spanish

Book KARATE - Más de 100 ejercicios para aprender jugando, Jonatan Huertas Alhambra, 17 x 23,5 cm, 206 pages, spanish. El objetivo de este libro es contribuir a las sesiones de Artes Marciales mostrando una visión... [\(+ info\)](#)

€ **30,90** €¹ **29,71** €²

Ref.: 001706000



Book MI PRIMER LIBRO DE KARATE. Simón Pedro Fuentes Navarro, spanish

Book MI PRIMER LIBRO DE KARATE por Simón Pedro Fuentes Navarro, 6th Dan., Entrenador y Juez nacional. Size: 21 x 29 cm. 82 pages - Spanish. Este libro es una sencilla y divertida guía didáctica pra aprender a través... [\(+ info\)](#)

€ **26,50** €¹ **25,48** €²

Ref.: 002077000



Book Kat Karateka 2 y el gran combate. J.C. Bonache, Inés Masip, Sandra Sánchez, Spanish

Book Kat Karateka y el gran combate (Kat Karateka 2), by Juan Carlos Bonache, Inés Masip y Sandra Sánchez (Karate World Champion WKF), 128 pages, 14 x 20 cm, Spanish. ¡Diviértete y aprende con las aventuras de Kat,... [\(+ info\)](#)

€ **10,95** €¹ **10,53** €²

Ref.: 002269000

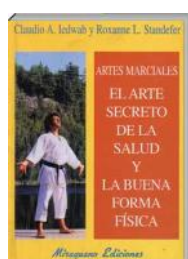


Book KARATE Descubriendo el Camino. Cristina Ortiz, Spanish

Book KARATE Descubriendo el Camino, Cristina Ortiz, Spanish. 15 x 21 cm, 93 pages. El karate es un camino apasionante que desde tiempos inmemoriales ha despertado el interés de aquellos curiosos que pretenden... [\(+ info\)](#)

€ **15,45** €¹ **14,86** €²

Ref.: 002291000



Book Artes Marciales El Arte Secreto de la Salud y La Buena Forma Física. Spanish

Book Artes Marciales El Arte Secreto de la Salud y La Buena Forma Física, 17 x 24 cm, 256 pages, Spanish. Las Artes Marciales son algo más que un conjunto de técnicas aplicadas al lanzamiento de patadas y... [\(+ info\)](#)

€ **19,50** €¹ **18,75** €²

Ref.: 000860000

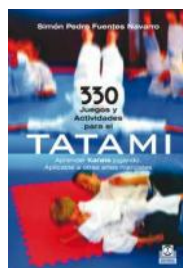


Book Los Juegos en las clases de Karate. Manuel Capetillo Blanco, spanish

Book Los Juegos en las clases de Karate, Manuel Capetillo Blanco, 17 x 23,5 cm, 138 pages, spanish. Manuel Capetillo es 5º Dan de Karate, maestro especialista en educación física y alumno de Jose... [\(+ info\)](#)

€ **27,46** €¹ **26,40** €²

Ref.: 001595000



Book 330 JUEGOS Y ACTIVIDADES PARA EL TATAMI. Simón Pedro Fuentes Navarro, spanish

Book 330 JUEGOS Y ACTIVIDADES PARA EL TATAMI por Simón Pedro Fuentes Navarro, 6th Dan., Entrenador y Juez nacional. Size: 15 x 21,5 cm. 218 pages - Spanish. Recomendamos este libro porque es una... [\(+ info\)](#)

€ **20,90** €¹ **20,10** €²

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Book Kat Karateka 1 y el Kata Club. J.C. Bonache, Inés Masip, Sandra Sánchez, Spanish

Book Kat Karateka y el Kata Club (Kat Karateka 1), by Juan Carlos Bonache, Inés Masip y Sandra Sánchez (Karate World Champion WKF), 128 pages, 14 x 20 cm, Spanish. ¡Diviértete y aprende con las aventuras de Kat,... [\(+ info\)](#)

€ **10,95** €¹ **10,53** €²

Ref.: 002268000



Book Kat Karateka 3 y el jade encantado. J.C. Bonache, Inés Masip, Sandra Sánchez, Spanish

Book Kat Karateka y el jade encantado (Kat Karateka 3), by Juan Carlos Bonache, Inés Masip y Sandra Sánchez (Karate World Champion WKF), 128 pages, 14 x 20 cm, Spanish. ¡Diviértete y aprende con las aventuras de Kat,... [\(+ info\)](#)

€ **10,95** €¹ **10,53** €²

Ref.: 002270000

Books Physical training



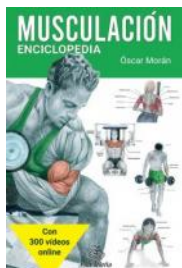
Book Enciclopedia De Ejercicios De Estiramientos. Oscar Moran Esquerdo, Spanish

Book Enciclopedia De Ejercicios De Estiramientos, Oscar Moran Esquerdo, 29 x 21 cm, Spanish. 210 pages. Este libro estudia y explica todos los ejercicios de estiramientos que cualquier deportista o aficionado debe... [\(+ info\)](#)

€ **30,40** €¹ **29,23** €²



Ref.: 001912000

Physical training (Cont.)



Book Enciclopedia Ejercicios de musculación. Oscar Moran Esquerdo. Spanish

Book Enciclopedia de ejercicios de musculación, Oscar Moran Esquerdo, 29 x 21 cm, Spanish. 351 pages. Por fin, la obra definitiva en el entrenamiento muscular. Con más de 300 vídeos online podrás ver exactamente como... [\(+ info\)](#)

€ 38,90 €¹ 37,40 €²
Ref.: 001910000  



Book Tigersturz und Ringerbrücke Effektive Trainingsmethoden. Albrecht & Rudolph. german [DS-06797]

Book Tigersturz und Ringerbrücke: Effektive Trainingsmethoden der Kampfkünste, Maik Albrecht/Frank Rudolph, german. 304 pages. 21 x 14,5... [\(+ info\)](#)


€ 18,50 €¹ 17,79 €²
Ref.: 001870000  

Books Spirituality



Book ZEN - Un camino hacia tí mismo. by José Santos Nalda, Spanish.



Book ZEN - Un camino hacia tí mismo, by José Santos Nalda, 127 pages, 17 x 24 cm, Spanish. Conocimientos más importantes de esta filosofía de vida. De manera intuitiva se exponen los principios para una vida... [\(+ info\)](#)

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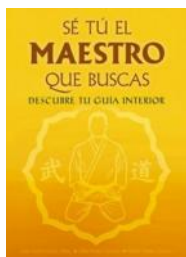
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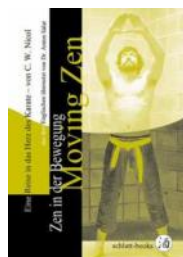
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